

# Apart No More

COPPER KNOB  
STEPSHEETS

拍數: 40      牆數: 4      級數: Improver  
編舞者: Wanda Heldt (AUS)  
音樂: No More - Glenn Rogers



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## REVERSE BOX - SIDE TOGETHER, BACK, HOLD, SIDE TOGETHER FORWARD, HOLD

1-2      Step right to right side, step left next to right  
3-4      Step back on right, hold on count 4 (weight on right foot)  
5-6      Step left to left side, step right next to left  
7-8      Step forward on left, hold on count 8 (weight on left foot)

## RIGHT KICK, FRONT, SIDE, ¼ TURN TOE HEEL, LEFT KICK, FRONT, SIDE, ¼ TURN TOE, HEEL

1-2      Kick right front, kick side, pivot a ¼ turn right  
3-4      Touch right toe beside left, drop right heel (weight on right foot)  
5-6      Kick left front, kick side, pivot a ¼ turn left  
7-8      Touch left toe beside right, drop left heel, (weight on left foot)

## HIPS BUMPS FORWARD RIGHT, LEFT, RIGHT, LEFT

1&2      Step right to right diagonal, hip bumps right-left-right  
3&4      Step left to left diagonal, hip bumps left-right-left  
5&6      Step right to right diagonal, hip bumps right-left-right  
7&8      Step left to left diagonal, hip bumps left-right-left

## STEP FORWARD RIGHT, PIVOT ½ STEP, HOLD, STEP FORWARD LEFT, PIVOT ½ STEP, HOLD

1-2      Step right forward, pivot ½ turn left  
3-4      Step right forward, hold on count 4 (weight on right foot)  
5-6      Step left forward, pivot ½ turn right  
7-8      Step left forward, hold on count 8 (weight on left foot)

## RIGHT VINE TOUCH, LEFT VINE ¼ TURN TOUCH

1-2      Step right to side, step left behind right  
3-4      Step right to side, touch left beside right (weight on right foot)  
5-6      Step left to side, step right behind left  
7-8      Step ¼ turn left on left, (weight on left) touch right beside left

REPEAT

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