

Barefoot & Pregnant

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Ian Dunn (AUS)
音樂: Everybody's Sweetheart - Vince Gill



- &1 Scuff right heel beside left, step right forward,
&2 Scuff left heel beside right, step left forward
3&4 Right heel forward, making a ¼ turn left step right back, left forward.
5-16 Repeat the above 3 more times completing a square pattern
- 1-2&3-4 Walk forward right, left heel forward, left back, right forward, tap left toe behind right
5&6-7-8 Shuffle back left, right, left, rock back on right, replace weight on left turning 45 to right diagonal
- 1&2& Shuffle forward to right 45 right, left, right, ¼ turn right on the ball of right foot
3&4& Shuffle back left, right, left, ¼ turn right on the ball of left foot
5&6& Shuffle forward right, left, right, ¼ turn right on the ball of right foot
7&8& Shuffle back left, right, left, 45 turn straighten up to the home wall

Making a diamond pattern

- 1-2 Rock back on right, return weight onto left
3&4 Moving forward cross right over left, touch left to left, right forward
5&6 Moving forward cross left over right, touch right to right, left forward
7-8 Rock right forward, making ¼ turn right replace weight onto left
- 1&2 Right side shuffle right, left, right making ¼ turn right
3-4 Paddle turn touch left forward ¼ turn right
5-6 Paddle turn touch left forward ½ right
7&8 Shuffle forward left, right, left

REPEAT

TAG

At the end of wall 2 and 4 add

TWO ROCKING CHAIRS

- 1-4 Right forward, replace, right back, replace

RESTART

At the start of wall 6 dance the first 16 counts twice, 2 square patterns

ENDING

To end, dance 3 sides of the diamond step back on left turn (right) to front wall and step right beside left

EASIER ALTERNATE STEPS

- 1-2 Replace by walk right, left on the beat
18-19 Replace by walk left, right on the beat
25-32 Right toe forward, turning ¼ turn left drop heel, left toe back, turning ¼ turn right drop heel,
 right toe forward, turning ¼ turn left drop heel, left toe back, turning 45 right drop heel