

Bare Verve

COPPER **NOB**
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Minna Liljamo (FIN)
音樂: Bare Essentials - Lee Kernaghan



RIGHT SAILOR SHUFFLE, LEFT SAILOR SHUFFLE, FULL UNWIND, ROCK STEP

1&2 Step right foot behind left, step left foot to the left, step right foot to the right
3&4 Step left foot behind right, step right foot to the right, step left foot to the left
5-6 Step right foot behind left, unwind (turn full right) weight should be on right
7-8 Rock left to left side, step right in place

FULL UNWIND, ROCK STEP, RIGHT KICK-BALL-CHANGE 2 X

1-2 Step left foot behind right, unwind (turn full left) weight should be on left
3-4 Rock right to the right side, step left in place
5&6 Kick forward right, step right beside left, step left in place
7&8 Kick forward right, step right beside left, step left in place

RIGHT SHUFFLE SIDE, TOUCH, HOLD, LEFT SHUFFLE SIDE, TOUCH, HOLD

1&2 Right shuffle to the side (right-left-right)
3-4 Touch left toe across and forward right, hold
5&6 Left shuffle to the side (left-right-left)
7-8 Touch right toe across and forward left, hold

TURNING RIGHT SHUFFLE, ½ PIVOT TURN, 2 X STEP AND ½ TURN, SHUFFLE FORWARD

1&2 Right shuffle to the side turning ¼ to the right (right-left-right)
3-4 Step left foot forward, turn ½ right weight on right
5 Turn ½ right with ball of right foot and step left back
6 Turn ½ right with ball of left foot and step right forward
7&8 Left shuffle forward (left-right-left)

ROCK STEP FORWARD AND BACK, ½ PIVOT TURN, RIGHT KICK-BALL-CHANGE

1-2 Rock right forward, step left in place
3-4 Rock right back, step left in place
5-6 Step right foot forward, turn ½ left weight on left
7&8 Kick forward right, step right beside left, step left in place

½ PIVOT TURN 3X, RIGHT KICK-BALL-CHANGE

1-2 Step right foot forward, turn ½ left weight on left
3-4 Step right foot forward, turn ½ left weight on left
5-6 Step right foot forward, turn ½ left weight on left
7&8 Kick forward right, step right beside left, step left in place

VAUDEVILLES

1&2 Step right across left, step left to the side, touch right heel to the right side at a slight angle forward
&3&4 Step right beside left, step left across right, step right to the side, touch left heel to the left side at a slight angle forward
&5&6 Step left beside right, step right across left, step left to the side, touch right heel to the right side at a slight angle forward
&7&8 Step right beside left, step left across right, step right to the side, touch left heel to the left side at a slight angle forward

& ½ PIVOT TURN, RIGHT KICK-BALL-CHANGE, BOOGIE WALKS

&1-2 Step left beside right, step right foot forward, turn ½ left weight on left

3-4 Kick forward right, step right beside left, step left in place

5-6 Step forward on right swiveling heels left, step forward on left swiveling heels right

7-8 Step forward on right swiveling heels left, step forward on left swiveling heels right

REPEAT
