

Bar Room Twist

拍數: 52 牆數: 4 級數:
編舞者: Mark A. Smith (AUS)
音樂: American Honky Tonk Bar Association - Garth Brooks



- 1-2 Twist both heels right, twist both heels full left
3-4 Twist both heels full right, twist both heels full left
5-6 45 degrees heel tap right, raise right foot up behind & slap heel with left hand
7-8 45 degrees heel tap right, raise right foot up behind & slap heel with left hand
- 1-4 Vine right-step right to right, step left behind right, step right to right, step left beside right
5-6 Twist both heels left, twist both heels full right
7-8 Twist both heels full left, twist both heels full lr
- 1-2 45 degrees heel tap left, raise left foot up behind & slap heel with right hand
3-4 45 degrees heel tap left, raise left foot up behind & slap heel with right hand
5-8 Vine left-step left to left, step right behind left, step left to left, step right beside left
- 1-2 Rock forward onto right foot, rock back onto left foot
3-4 Rock back onto right foot, rock forward onto left foot
5-8 Forward vine & turn: step forward onto right foot, lock left foot around right, step forward on right foot, pivot a ½ turn right on right foot hitching left leg
- 1-4 Forward vine-step forward on left foot, lock right foot around left, step forward on left foot, replace right foot beside left
5-6 Fan right foot, twist both heels right on balls of feet as you bend knees downwards
7-8 Twist both heels left on balls of feet to original position as you straighten your knees, close right foot fan
- 1-2 Rock forward onto right foot, rock back onto left foot
3-4 Rock back onto right foot, rock forward onto left foot
5-6 Step forward onto right foot as you turn ¼ right, touch left foot out to left side
7-8 Step left foot across in front of right, touch right out to right side
- 1-2 Touch right foot across in front of left, pivot ½ turn left placing weight on both feet
3-4 Clap hands twice

REPEAT
