

# Bar Room Cha Cha

COPPER KNOB  
BY STEPHEN BRETZ

拍數: 48      牆數: 4      級數:  
編舞者: Jackie Harper (UK) & Kate Brookes (UK)  
音樂: Any 96/110 bpm cha-cha rhythm



- 1-2            Left foot step to left side, (keeping right foot in place, raising heel), shift weight back to right foot
- 3&4            Cha-cha in place left-right-left
- 5-6            Right foot step to right side, (keeping left foot in place, raising heel), shift weight back to left foot
- 7&8            Cha-cha in place right-left-right
- 9-10           Left foot cross behind right, (keeping right foot in place, raising heel), rock forward on right in place
- 11&12           Cha-cha in place left-right-left
- 13-14           Right foot cross behind left, (keeping left foot in place, raising heel), rock forward on left in place
- 15&16           Cha-cha in place right-left-right
- 17-18           Left toe sweep forward and around to the left in a circle until back beside right
- 19&20           Cha-cha in place left-right-left
- 21-22           Right toe sweep forward and around to the right in a circle until back beside left
- 23&24           Cha-cha in place right-left-right
- 25-26           Left foot ¼ turn to left, right foot touch beside left
- 27&28           Right foot step to side, left foot close beside right, right foot step to the side
- 29-30           Left foot step to the side, right foot touch beside left
- 31&32           Right foot step to the side, left foot close beside right, right foot step to the side
- 33-34           Left foot rock forward (keeping right foot in place, raise heel), right foot rock back
- 35&36           Cha-cha left-right-left-slight progression back
- 37-38           Right foot rock back, (keep left foot in place, raising heel), left foot rock forward
- 39&40           Cha-cha right-left-right-slight progression forward
- 41-42           Left foot touch forward, pivot ½ turn right (keeping weight on right foot)
- 43&44           Cha-cha left-right-left
- 45-46           Right foot touch forward, pivot ½ turn left (keep weight on left foot)
- 47&48           Cha-cha right-left-right

**REPEAT**

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