

Barroom Boogie Down

COPPER KNOB
STEPPERS

拍數: 40 牆數: 2 級數:
編舞者: Jim Ray (USA) & Tina Ray (USA)
音樂: Any West Coast Swing music



STEP, SLIDE FOOT BEHIND

- 1 Weight on left foot, step right foot forward and set weight on right foot
- 2 Slide left foot behind right foot and set weight on left foot
- 3 Step right foot forward and set weight on right foot
- 4 Slide left foot behind right foot and set weight on left foot

½ TURN TO THE RIGHT (RIGHT, LEFT, RIGHT)

- 5&6 Turn ½ turn to the right, stepping right, left, right in place

STEP, SLIDE FOOT BEHIND

- 7 Step left foot forward and set weight on left foot
- 8 Slide right foot behind left foot and set weight on right foot
- 9 Step left foot forward and set weight on left foot
- 10 Slide right foot behind left foot and set weight on right foot

½ TURN TO THE LEFT (LEFT, RIGHT, LEFT)

- 11&12 Turn ½ turn to the left, stepping left, right, left in place

KICK RIGHT FOOT OUT FRONT TWICE, AND STEP (RIGHT, LEFT, RIGHT) IN PLACE

- 13 Weight. On left foot, kick right foot out front
- 14 Kick right foot out front again
- 15&16 Step right, left, right, in place

TURN 1 FULL TURN TO THE LEFT, THREE STEPS AND STOMP RIGHT FOOT

- 17-19 Weight on right foot, turn left, stepping left, right, left, as you turn (left shoulder back, traveling) 1 full turn
- 20 Stomp right foot to left foot together, keeping weight on left foot

TURN 1 FULL TURN TO THE RIGHT, THREE STEPS AND STOMP LEFT FOOT

- 21-23 Weight on left foot, turn to the right, stepping right, left, right, (right shoulder back, traveling) 1 full turn
- 24 Stomp left foot to right foot together, keeping weight on right foot

HIP BUMPS, 2 LEFT, 2 RIGHT, LEFT, RIGHT, LEFT, RIGHT

- 25-26 Bump hips to the left twice
- 27-28 Bump hips to the right twice
- 29 Bump hips to the left
- 30 Bump hips to the right
- 31 Bump hips to the left
- 32 Bump hips to the right

FRONT, BACK, FRONT, HOOK, KICK, KICK

- 33 Tap left heel out front
- 34 Tap left toe out back
- 35 Tap left heel out front
- 36 Hook left foot in front of right knee
- 37-38 Kick left foot out front twice

TURN A ½ TURN, LEFT SHOULDER BACK, (LEFT, RIGHT LEFT)

39&40 Turn ½ turn left shoulder back, (left, right, left) three steps in place, ending weight on left foot.

REPEAT
