

# Banjo Bango

COPPER KNOB  
BY STEPHEN HETS

拍數: 56      牆數: 2      級數: Intermediate  
編舞者: Rob Fowler (ES)  
音樂: Banjo Boy - Ryan Shupe & The Rubberband



## RIGHT TOE, HEEL, CROSS, LEFT SIDE ROCK CROSS, RIGHT TOE, HEEL, CROSS, ROCK & TURN ¼ LEFT

1&2      Touch right toe to left instep, touch right heel to left instep, step right across and in front of left  
3&4      Rock left to left side, recover weight to right, step left across and in front of right  
5&6      Touch right toe to left instep, touch right heel to left instep, step right across and in front of left  
7&8      Rock forward on left, recover weight to right, turn ¼ left stepping left to left side  
9-16      Repeat 1-8

## RIGHT MAMBO FORWARD, LEFT MAMBO BACK, RIGHT SIDE ROCK CROSS, LEFT SIDE ROCK CROSS

1&2      Step forward right, recover weight to left, step right beside left  
3&4      Step back left, recover weight to right, step left beside right  
5&6      Rock right to right side, recover weight to left, step right across and in front of left  
7&8      Rock left to left side, recover weight to right, step left across and in front of right

## RIGHT LOCK STEP FORWARD, LEFT MAMBO FORWARD, RIGHT LOCK STEP BACK, LEFT COASTER STEP

1&2      Step forward right, lock left behind right, step forward right  
3&4      Step forward left, recover weight to right, step left beside right  
5&6      Step back right, lock left across right, step back right  
7&8      Step back left, step right beside left, step forward left

## RIGHT SWIVET TWICE, APPLEJACKS TWICE, TRAVELING PIGEON TOES LEFT, RIGHT SWIVET TWICE

1&      With weight on right heel and left toe swivel right toes to right and left heel to left, return to center  
2&      With weight on right heel and left toe swivel right toes to right and left heel to left, return to center  
3&      With weight on left heel & right toe fan left toes & right heel to left, return to center  
4&      With weight on right heel & left toe fan right toes & left heel to right, return to center  
5&6      Traveling to the left, swivel both heels together, both toes together, both heels together

### Easier option: swivel heels, toes, heels traveling to left side

7&      With weight on right heel and left toe swivel right toes to right and left heel to left, return to center  
8&      With weight on right heel and left toe swivel right toes to right and left heel to left, return to center

## RIGHT HEEL, HOOK, HEEL, TOGETHER, LEFT HEEL, HOOK, HEEL, TOGETHER

1-4      Touch right heel forward, hook right in front of left shin, touch right heel forward, step right beside left  
5-8      Touch left heel forward, hook left in front of right shin, touch left heel forward, step left beside right

## RIGHT HEEL, TOGETHER, LEFT HEEL TOGETHER, RIGHT SCUFF, HITCH RIGHT, STEP BACK RIGHT, STEP LEFT BESIDE RIGHT

1-4      Touch right heel forward, step right beside left, touch left heel forward, step left beside right  
5-8      Scuff right beside left, hitch right, step back right, step left beside right

**REPEAT**

After approximately 2 mins 55 secs of the track, the music pauses for approx 1 second. When it starts up again it's very fast. Just start the dance from the beginning and keep going until the end of the track

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