

Bang The Drum

拍數: 40 牆數: 4 級數:
編舞者: "Calamity" Jane Newhard (USA)
音樂: Bang the Drum All Day - Todd Rundgren



BUTTERFLY, FAN, CONGA TURN

1-2 Spread both heels, bring both heels together
3-4 Fan right toes to right side, return
5-8 Conga turn (full turn rolling vine) right, scuff left beside right

TOUCH FRONT & BACK, TURNS

1-2 Left touch front, left touch back
3-4 Left touch front, left touch back
5-6 Step forward left, pivot $\frac{1}{2}$ turn right onto right
7-8 Step forward left, pivot $\frac{1}{4}$ turn right onto right

VINE, TOUCH FRONT AND BACK

1-4 Vine left, scuff right on 4
5-6 Right touch front, right touch back
7-8 Right touch front, right touch back

URNS, CROSS OVER

1-2 Right step forward, pivot $\frac{1}{2}$ turn left onto left
3-4 Right step forward, pivot $\frac{1}{4}$ turn left onto left
5-6 Cross step right over left, step left to left side
7-8 Cross step right over left, step left to left side

1-2 Cross touch right over left, unwind $\frac{1}{2}$ turn to the left
3-4 Bump hips right, then left (opt: hold and clap hands twice)
5-6 Cross step right over left, step back onto left
7-8 Step right $\frac{1}{4}$ to right, step left beside right

REPEAT
