

Bang The Drum

拍數: 40 牆數: 4 級數:
編舞者: "Calamity" Jane Newhard (USA)
音樂: Bang the Drum All Day - Todd Rundgren



BUTTERFLY, FAN, CONGA TURN

- 1-2 Spread both heels, bring both heels together
- 3-4 Fan right toes to right side, return
- 5-8 Conga turn (full turn rolling vine) right, scuff left beside right

TOUCH FRONT & BACK, TURNS

- 1-2 Left touch front, left touch back
- 3-4 Left touch front, left touch back
- 5-6 Step forward left, pivot ½ turn right onto right
- 7-8 Step forward left, pivot ¼ turn right onto right

VINE, TOUCH FRONT AND BACK

- 1-4 Vine left, scuff right on 4
- 5-6 Right touch front, right touch back
- 7-8 Right touch front, right touch back

URNS, CROSS OVER

- 1-2 Right step forward, pivot ½ turn left onto left
 - 3-4 Right step forward, pivot ¼ turn left onto left
 - 5-6 Cross step right over left, step left to left side
 - 7-8 Cross step right over left, step left to left side
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- 1-2 Cross touch right over left, unwind ½ turn to the left
 - 3-4 Bump hips right, then left (opt: hold and clap hands twice)
 - 5-6 Cross step right over left, step back onto left
 - 7-8 Step right ¼ to right, step left beside right

REPEAT
