

Bang

拍數: 32 牆數: 4 級數: Improver
編舞者: Glenda Ortiz Harney (USA)
音樂: Bang, Bang, Bang - Nitty Gritty Dirt Band



STEP, STOMP, BACK, STOMP, BACK, STOMP, FORWARD, STOMP

1-2 Step forward right at 45 degree angle, stomp left
3-4 Step back left at 45 degree angle, stomp right
5-6 Step back right at 45 degree angle, stomp left
7-8 Step forward left at 45 degree angle, stomp right

& SIDE, TOUCH & SIDE, TOUCH, KICK FRONT, SIDE, BEHIND, 2, 3

&9-10 Hop on right to right & hop on left to left, touch right beside left
&11-12 Hop on right to right & hop on left to left, touch right beside left
13-14 Kick right forward, kick right to right side
15&16 Step right behind left, step left to left side, step right to right side

KICK FRONT, SIDE, BEHIND, 2, 3, BEHIND, 2, 3, BEHIND, 2, 3

17-18 Kick left forward, kick left to left side
19&20 Step left behind right, step right to right side, step left to left side
21&22 Step right behind left, step left to left side, step right to right side
23&24 Step left behind right, step right to right side, step left to left side

RIGHT & LEFT & RIGHT, HOLD, STEP, TURN, STEP, TURN

25& Touch right heel forward, hop onto right beside left
26& Touch left heel forward, hop onto left beside right
27-28 Touch right heel forward, hold/clap (keeping heel up)
29-30 Rock onto right, swivel 1/8 of a turn to left (weight on left)
31-32 Rock back onto right, swivel 1/8 turn to left (weight on left)

REPEAT
