

Bandera Waltz

拍數: 36 牆數: 2 級數: Beginner waltz
編舞者: Terry Hogan (AUS)
音樂: Bandera Waltz - Tom Morrell & The Timewarp Tophands



- 1 Step right foot forward
- 2-3 Step left across behind right, step right to the side making $\frac{1}{4}$ turn right
- 4 Make further $\frac{1}{4}$ turn right on ball of right foot & step left foot to the side
- 5 Rock/step right foot across behind left (body turns toward right diagonal)
- 6 Rock/replace weight onto left foot (body should face 6:00)

- 7 Make $\frac{1}{4}$ turn left on ball of left foot & step right foot to the side
- 8 Rock/step left foot across behind right (body turn toward left diagonal)
- 9 Rock/replace weight onto right foot (body will face 3:00)
- 10 Make $\frac{1}{4}$ turn right on ball of right foot & step left foot slightly backward
- 11 Make $\frac{1}{2}$ turn right on ball of left foot & step right foot slightly forward
- 12 Step left foot slightly forward on right (you should be facing your starting wall)

- 13-15 Step right foot forward, step left beside right step right in place
- 16-18 Step left foot forward, step right beside left step left in place
- 19-21 Step right foot backward, step left beside right step right in place
- 22 Make $\frac{1}{2}$ turn left on ball of right foot & step left forward (toward 6:00)
- 23-24 Step right foot forward, make $\frac{1}{2}$ pivot turn left stepping forward onto left foot

- 25-26 Step right foot forward toward right diagonal step left across behind right
- 27 Step right foot to the side & make $\frac{1}{4}$ turn right
- 28 Make further $\frac{1}{4}$ turn right on ball of right foot & rock/step left foot to the side
- 29-30 Rock/replace weight onto right, step left across in front of right

- 31-32 Rock/step right foot to the side rock/replace weight onto left foot
- 33 Step right foot across in front of left
- 34-35 Rock/step left foot to the side rock/replace weight onto right
- 36 Step left foot beside right

REPEAT
