

Bandera Waltz

拍數: 36 牆數: 2 級數: Beginner waltz
編舞者: Terry Hogan (AUS)
音樂: Bandera Waltz - Tom Morrell & The Timewarp Tophands



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- 1 Step right foot forward
2-3 Step left across behind right, step right to the side making $\frac{1}{4}$ turn right
4 Make further $\frac{1}{4}$ turn right on ball of right foot & step left foot to the side
5 Rock/step right foot across behind left (body turns toward right diagonal)
6 Rock/replace weight onto left foot (body should face 6:00)
- 7 Make $\frac{1}{4}$ turn left on ball of left foot & step right foot to the side
8 Rock/step left foot across behind right (body turn toward left diagonal)
9 Rock/replace weight onto right foot (body will face 3:00)
10 Make $\frac{1}{4}$ turn right on ball of right foot & step left foot slightly backward
11 Make $\frac{1}{2}$ turn right on ball of left foot & step right foot slightly forward
12 Step left foot slightly forward on right (you should be facing your starting wall)
- 13-15 Step right foot forward, step left beside right step right in place
16-18 Step left foot forward, step right beside left step left in place
19-21 Step right foot backward, step left beside right step right in place
22 Make $\frac{1}{2}$ turn left on ball of right foot & step left forward (toward 6:00)
23-24 Step right foot forward, make $\frac{1}{2}$ pivot turn left stepping forward onto left foot
- 25-26 Step right foot forward toward right diagonal step left across behind right
27 Step right foot to the side & make $\frac{1}{4}$ turn right
28 Make further $\frac{1}{4}$ turn right on ball of right foot & rock/step left foot to the side
29-30 Rock/replace weight onto right, step left across in front of right
- 31-32 Rock/step right foot to the side rock/replace weight onto left foot
33 Step right foot across in front of left
34-35 Rock/step left foot to the side rock/replace weight onto right
36 Step left foot beside right

REPEAT
