

Bandannas And Blue Jeans

COPPER KNOB
BY STEPHEN BRETZ

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Ann-Amelia Massey (UK)
音樂: Dancin' Cowboys - The Bellamy Brothers



SYNCOPATED WEAVES WITH HEEL SWITCHES

- 1-2& Step right to side, step left behind right, step right slightly to side
3&4& Cross left in front of right (taking weight), step right slightly to side, touch left heel forward to left diagonal, step left in place beside right
5-6& Step right to side, step left behind right, step right slightly to side
7&8& Touch left heel forward to the left diagonal, step left in place beside right, touch right heel forward to right diagonal, step right in place beside left

SYNCOPATED WEAVES WITH HEEL SWITCHES

- 9-10& Step left to side, step right behind left, step left slightly to side
11&12& Cross right in front of left (taking weight), step left slightly to side, touch right heel forward to the right diagonal, step right in place beside left
13-14& Step left to side, step right behind left, step left slightly to side
15&16& Touch right heel forward to the right diagonal, step right in place beside left, touch left heel forward to the left diagonal, step left in place beside right

KICK, CROSS WITH ANKLE BREAKERS, KICK, STEP WITH APPLEJACKS

- 17-18& Kick right leg forward to right diagonal, cross right in front of left (taking weight on both feet), tilt ankles to right
19&20 Tilt ankles to left, tilt ankles to right, return ankles to center (weight on left)
21-22& Kick right leg forward to right diagonal, step right in place beside left (weight on both feet), with weight on right toe and left heel, swivel left toe to left and right heel to left
23&24 Return both feet to center, with weight on left toe and right heel, swivel right toe to right and left heel to right, return both feet to center (weight on left)

FULL TURN, SHUFFLE, CROSS ROCK, 1 ¼ TURN

- 25-26 Step right to side turning ½ over right shoulder
27&28 Step right to side, close left beside right (taking weight), step right to side
29-30 Cross rock left in front of right, return weight to right
31&32 Step onto left making ¼ turn over left shoulder, step onto right continuing turning left (approx ½ turn), step onto left completing 1 ¼ turn left

CROSS ROCK, COASTER, SYNCOPATED STEP WITH KICK BALL CHANGE

- 33-34 Cross rock right in front of left, return weight to left
35&36 Step right back, step left back beside right, step right forward
37-38& Step left to side, step right beside left, step slightly back on left
39&40 Kick right forward, step onto ball of right, step left in place

STEP PIVOT, TRIPLE STEP TURN, BACK ROCK, SYNCOPATED ROCK

- 41-42 Step right forward, pivot ½ turn over left shoulder stepping onto left
43&44 Continue turning left for a further ½ turn stepping right, step onto left, step onto right
45-46 Rock back on left, return weight to right
47&48 Cross rock left in front of right, return weight to right, step left in place beside right

KICK, HEEL TOUCH, SHUFFLE, KICK, HEEL TOUCH, SHUFFLE

- 49-50& Kick right leg forward, bend knee slightly and touch right heel forward, step right in place beside left

- 51&52 Step left forward, close right beside left (taking weight), step forward left
53-54& Kick right leg forward, bend knee slightly and touch right heel forward, step right in place beside left
55&56 Step left forward, close right beside left (taking weight), step left forward

CROSS, STEP, SHUFFLE, COASTER, HEEL GRIND WITH ¼ TURN

- 57-58 Cross right in front of left (taking weight), step onto left making ¼ turn right
59&60 Step right to side, close left beside right (taking weight), step right to side
61&62 Step left back, step right back beside left, step left forward
63-64 Step right heel forward, grind heel to turn ¼ right, step onto left

REPEAT

RESTART

The 5th wall is danced to the instrumental section and has only 32 counts. Only the first 32 counts are danced, then begin again.
