

# Bandanna

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Christopher Petre (USA)  
音樂: Land of Enchantment - Hot Rize



This is not the same "Land of Enchantment" that is used for the dance "Enchantment"

## ROCK & HEEL, SHUFFLE, STEP ½ TURN, COASTER STEP

1&2      Rock forward right, recover onto left, touch right heel forward, toes up  
3&4      Shuffle forward right, left, right  
5-6      Step forward left, ½ turn right, weight stays back on left  
7&8      Step back right, step left together, step right forward

## SUGARFOOT, CROSS & HEEL, &WALK, WALK, KICK BALL HEEL

1-2      Touch left toe to left side, knee in, touch left heel to left side, knee out  
3&4      Step left across right, step back diagonally on right, touch left heel forward on diagonal  
&5-6      Quickly step on left, step right forward on left diagonal, step left forward continuing on left diagonal  
7&8      Kick right foot forward, step right together, touch left heel forward

## & HEEL, PUSH, SAILOR ½ TURN, STEP, SCUFF, LOCK & JACK

&1      Quickly step on left, touch right heel forward  
2      Keeping weight on right heel, with straight right leg, step back diagonally on left with bent left leg. At the same time square off to 6:00 wall  
3&4      Sweep right leg behind left, turning right to face 9:00 wall, step left continuing to turn right, step right ending on 12:00 wall  
5-6      Step left foot forward and slightly across right, scuff right foot forward  
7      Cross and lock right over left  
&8      Step left back slightly diagonally, touch right heel forward

## STEP TOUCH, SIDE, BEHIND SIDE STEP WITH ¼ TURN, ROCK & HEEL, & STEP HITCH KICK

&1      Step right in place, touch left toe behind right heel  
2      Step left to left side.  
3&4      Cross right behind left, step left to left side starting ¼ turn left, step right forward completing turn to 9:00 wall  
5&6      Rock forward left, recover right, touch left heel forward  
&7      Quickly step on left, step right forward  
&8      Hitch left, kick right forward (as high as possible), landing on left

## REPEAT

Option to counts 1&2 at the start of the dance

## STAMP-KICK-HITCH

1&2      Stamp right foot in place (no weight), kick right foot forward, hitch right knee up hooking right heel across left leg

For a furiously fast reel, try "Deep Channel" by Afrocelts. Begin the music at 2:13 into the song. At this point a percussion bridge begins and this will be used as for your 32-count intro. You will hear the drums building up to the start (2:27 into the song) at which point the instruments kick in. End the dance at 5:03 into the song, on count 1 of the dance (you will be facing your left side/9:00 wall) Place your right heel forward for count 1 and slowly twist right to face the starting wall swiveling on the ball of your left foot. Hold for the sustained note; then bow and BREATHE!