

# Band Of Gold

**COPPER** KNOB  
STEPSHEETS

拍數: 40      牆數: 2      級數: Improver  
編舞者: Bill James (UK)  
音樂: Band of Gold - Freda Payne



## KICK BALL CROSS, KICK BALL CROSS, SIDE ROCK, CROSS SHUFFLE

1&2      Kick right forward, step ball of right beside left, cross step left over right  
3&4      Kick right forward, step ball of right beside left, cross step left over right  
5-6      Rock right to right side, rock weight back onto left  
7&8      Cross step right over left, step left to left side, cross step right over left

## LEFT WEAVE, SIDE ROCK ¼ TURN, SHUFFLE

9-10      Step left to left side, cross step right behind left  
11-12      Step left to left side, cross step right over left  
13-14      Rock left to left side, rock weight back onto right making ¼ turn right  
15&16      Step left forward, close right beside left, step left forward

## FULL TURN, SHUFFLE, ROCK, TRIPLE ¾ TURN

17-18      Make ½ turn left stepping right back, make ½ turn left stepping left forward  
19&20      Step right forward, close left beside right, step right forward  
21-22      Rock forward on left, rock weight back onto right  
23&24      Triple ¾ turn left stepping left, right, left

## HEEL BALL CROSS, HEEL BALL CROSS, SIDE ROCK ¼ TURN, SHUFFLE

25&26      Touch right heel forward, step ball of right beside left, cross step left over right  
27&28      Touch right heel forward, step ball of right beside left, cross step left over right  
29-30      Rock right to right side, rock weight back onto left making ¼ turn left  
31&32      Step right forward, close left beside right, step right forward

## HEEL BALL CROSS, HEEL BALL CROSS, ROCK, TRIPLE ¾ TURN

33&34      Touch left heel forward, step ball of left beside right, cross step right over left  
35&36      Touch left heel forward, step ball of left beside right, cross step right over left  
37-38      Rock forward on left, rock weight back onto right  
39&40      Triple ¾ turn left stepping left, right, left

**REPEAT**

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