## Band Of Gold



拍數: 72 牆數: 1 級數: Improver

編舞者: Marina Girardi

音樂: Band of Gold - Freda Payne



1-4 5-8	Making ¾ turn right, step right, left, right, touch left next to right Making ¾ turn left, step left, right, left, touch right next to left
1-4	Step diagonally forward on right, touch left next to right, rock forward on right rock left in place
5-8	Step right 1/4 right touch left next to right, step left 1/4 left step right next to left
1-4	Step diagonally forward on left, touch right next to left, rock forward on left rock right in place
5-8	Step left ¼ left touch right next to left, step right ¼ right step left next to right
1-4	Walk forward on right, forward on left, forward on right, kick left
5-8	Step back on left, touch right toe back, step forward on right, kick left (Montana kick)
1-4	Walk back on: left, right, left, touch right next to left
5-8	Step forward on right, two hip bumps (forward, back, forward, back)
1-4	Step right to right, cross left over right, step right to right, step left in place
5-8	Step forward on right, step left in place, step right ½ turn right, step left next to right
1-4	Step right to right, cross left over right, step right to right, step left in place
5-8	Step forward on right, step left in place, step right ½ turn right, step left next to right
1-4	Walk forward twisting your hips: step right in front of left, step left in front of right, repeat
5-8	Step back on right, step back on left, shuffle back right, left, right
1-4	Step back on left, step right in place, triple step left, right, left
5-8	Rock forward on right, step left in place, rock back on right, step left in place
REPEAT	