

Banana Boat

COPPER KNOB
BY STEPHEN HETS

拍數: 0 牆數: 2 級數: Intermediate
編舞者: Monica Liners & A Liners
音樂: Banana Boat (Cha Cha Cha / 32 BPM) - Tanz Orchester Klaus Hallen



Sequence: AB AB AA

PART A

RIGHT FORWARD, HOLD, LEFT BEHIND RIGHT, RIGHT FORWARD, HOLD, REPEAT WITH LEFT

- 1-2 Step right forward, hold
- &3-4 Step left behind right in locked position on syncopated beat, move right forward, hold
- 5-6 Step left forward, hold
- &7-8 Step right behind left in locked position on syncopated beat, move left forward, hold

KICK RIGHT, RIGHT BEHIND LEFT, KICK LEFT, LEFT BEHIND RIGHT, COASTER STEP, HOLD

- 1-2 Kick right diagonally, step right behind left
- 3-4 Kick left diagonally, step left behind right
- 5-8 Step right back, step left beside right, step right slightly forward, hold

17-32 Repeat 1-16 beginning with left

POINT RIGHT, HOLD, TAP RIGHT, HOLD, STEP RIGHT BESIDE LEFT, POINT LEFT, HOLD, TAP LEFT, STEP LEFT BESIDE RIGHT

- 1-2 Point right to right (tilting left shoulder slightly down), hold
- 3-4 Tap right in same place, hold
- &5-6 Step right beside left on syncopated beat and point left to left (tilting right shoulder slightly down hold)
- 7-8 Tap left in same place, step left beside right (shoulders straight)

41-64 Repeat 33-40 three times

PART B

RIGHT CROSS, SIDE, CROSS, LEFT RONDE OVER RIGHT, LEFT CROSS, SIDE, CROSS, RIGHT RONDE OVER LEFT

- 1-4 Step right over left, left to left side, step right over left, sweep left leg round to front of right
- 5-8 Step left over right, right to right side, step left over right, sweep right leg round to front of left

JAZZ BOX, SWIVEL TOES MAKING TWO 1/8 RIGHT TURNS

- 1-4 Step right over left, step back on left, step right to right, step left beside right
- 5-6 Heels in place raise toes and swivel 1/8 right, hold
- 7-8 Heels in place raise toes and swivel 1/8 right, hold

17-32 Repeat 1-16