

# The Bam-A-Shag

COPPER KNOB  
STEPPERS

拍數: 32      牆數: 2      級數: Improver  
編舞者: Gloria Johnson (USA) & Dusty Miller (USA)  
音樂: Dancin', Shaggin' On the Boulevard - Alabama



## FORWARD SHUFFLE, TRIPLE-STEP IN PLACE

1&2      Shuffle forward stepping on right, left, right  
3&4      Triple-step in place stepping on left, right, left

## CROSS-ROCK, TRIPLE-STEP IN PLACE

5-6      Rock step right over left; step left in place swinging right back over left  
7&8      Triple-step in place stepping on right, left, right  
9-10     Rock-step left over right; step right in place while swinging left back over right  
11&12    Triple-step in place stepping on left, right, left

## ROCKING ¼ TURN

13      Rock step right foot to right side (weight changes to right foot) pivoting ¼ turn left on ball of right foot  
14      Step left foot in place  
15      Rock step right foot to right side  
16      Rock weight back onto left foot

## SHUFFLE, ½ TURN

17&18    Shuffle forward on right, left, right  
19-20    Step left foot forward; pivot ½ turn to the right

## SHUFFLE, SHUFFLE

21&22    Shuffle forward on left, right, left  
23&24    Shuffle forward on right, left, right

## ½ TURN, SHUFFLE

25-26    Step forward on left foot; pivot ½ turn to the right  
27&28    Shuffle forward on left, right, left

## ROCKING ¼ TURN

29      Rock step right foot to right side (weight changes to right foot)  
&      Pivot ¼ turn left on ball of right foot  
30      Step left foot in place  
31      Rock step right foot to right side  
32      Rock weight back onto left foot

## REPEAT

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