

Bailamos!

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Joe Williams
音樂: Bailamos - Enrique Iglesias



- &1 Push left foot to left side, replace weight on right foot
2 Step left foot across right
3 Step back on right foot making $\frac{1}{4}$ turn to left
4 Step forward on left foot making $\frac{1}{2}$ turn to left
5& Rock right foot to right side, replace weight on left
6 Cross right foot over left
7 Step left foot straight back
8 Hook right foot across left
- 1 Step right foot to right side and push hips to right
2 Push hips left
3&4 Push hips right, left, right
5 Step slightly forward on left and push hips to left
6 Push hips right
7&8 Push hips left, right, left
- 1 Touch right toe to right
2 Slide right foot in next to left, making $\frac{3}{4}$ turn to right
3 Touch left toe to left side
4 Touch left toe next to right foot
5&6 Step left foot forward, step right foot next to left, step left foot next to right
7&8 Step right foot back, step left foot in place, step right foot next to left
- 1 Step left foot to left side
2 Step right foot behind left
3&4 Touch left toe to left side, bring left foot in and step on it, touch right toe to right side
5 Push hips right
6 Push hips left
7 Push hips right
8 Bring left foot next to right
- 1 Step back on right foot
2 Step back on left foot
3 Step forward on right, making $\frac{1}{2}$ turn to right
4 Step forward on left foot
&5&6 Hop on left foot, take big step forward on right foot, slide left foot up to right
7 Stomp left foot to left side
8 Stomp right foot next to left
- 1 Step right foot back making $\frac{1}{2}$ turn to right
2 Step left foot back making $\frac{1}{2}$ turn to right
3 Step right foot straight back
4 Step left foot next to right
&5 Step right foot out to side, step left foot out to left side
6 Clap
&7 Bring right foot in, bring left foot in

8

Clap

REPEAT
