

Bailameros

拍數: 32 牆數: 4 級數: Improver
編舞者: Raymond Sarlemijn (NL) & John Buis
音樂: Bailameros - Belle Perez



¼ TURN MAMBO, ¼ TURN MAMBO, CHASSE, FORWARD, FORWARD, ½ TURN RONDE

- 1 Turn ¼ over left and step right foot right
- & Recover weight on left foot
- 2 Turn ¼ over right and put right foot next to left foot
- 3&4 Same as 1&2 but than with left foot and turn over right
- 5 Step forward on right foot
- & Close left foot by right foot
- 6 Step forward on right foot
- 7 Step forward on left foot
- & Step forward on right foot
- 8 Turn ½ over left and make ronde with left foot

SAILOR STEP, ¼ TURN SAILOR STEP, 4/4 TURN CROSS CHASSE

- 1&2 Make sailor step left foot, right foot, left foot
- 3&4 Make sailor step right foot, left foot, right foot on count 4 turn ¼ over right
- 5 Turn ¼ over left and cross left foot in front right foot
- & Right foot extended next to left foot
- 6 Turn ¼ over left and cross left foot over right foot
- & Right foot extended next to left foot
- 7 Turn ¼ over left and cross left foot in front right foot
- & Right foot extended next to left foot
- 8 Turn ¼ over left and cross left foot over right foot

MAMBO, COASTER STEP, SAMBA CROSS, SAMBA CROSS

- 1 Rock forward on right foot
- & Recover weight on left foot
- 2 Right foot next to left foot
- 3 Left foot step backwards
- & Close right foot next to left foot
- 4 Step forward on left foot
- 5 Rock right foot to right
- & Recover on left foot
- 6 Cross right foot in front of left foot
- 7 Rock left foot to left
- & Recover weight on right foot
- 8 Cross left foot over right foot

MAMBO TURN ½ FLICKS, CHASSE, PADDLE TURN

- 1 Rock forward on right foot
- & Recover on left foot
- 2 Turn ½ over right and step forward on right foot while doing this make flick with left foot backwards
- 3 Step forward on left foot
- & Close right foot by left foot
- 4 Step forward on left foot
- & Turn ¼ over left

5 Touch right foot next to left foot
& Turn $\frac{1}{4}$ over left
6 Touch right foot next to left foot
& Turn $\frac{1}{4}$ over left
7 Touch right foot next to left foot
& Turn $\frac{1}{4}$ over left
8 Touch right foot next to left foot

REPEAT

RESTART

On 2nd wall, start dance again after 16 counts

TAG

After wall 3

1 Cross right foot over left foot
2 Step backwards on left foot
3 Turn $\frac{1}{4}$ over right and step right foot to right
4 Turn $\frac{3}{4}$ over right and step left foot to left
5 Touch right foot next to left foot
& Rock back on right foot
6 Left foot heel forward
& Recover weight to left foot
7 Touch right foot behind left foot
& Rock back on right foot
8 Left foot heel forward
& Recover weight to left

Start dance again
