

# Baila Bonita

拍數: 0                      牆數: 1                      級數:  
編舞者: Alvin Low (SG) & Robin Sin (SG)  
音樂: Baila Morena - Julio Iglesias



Sequence: AB A(32) AB B all the way!

## SECTION A

### CROSS SIDE ROCK, FORWARD ROCK, ½ TURN RIGHT, PADDLE ¾ TURN

- 1&2                      Cross left over right, step side right, recover on left  
3&4                      Rock forward on right, recover on left, ½ turn right step forward on right  
5&6&                      Rock forward on left, tap right behind left, ¼ turn left, step on left, tap right behind left, ¼ turn left  
7&8                      ¼ turn left, step on left, tap right behind left, ¼ turn left, step on left

### CROSS SIDE ROCK, CROSS SHUFFLE, RONDE, CROSS SIDE ROCK, CROSS SHUFFLE

- 9&10                      Cross right over left, step side left, recover on right  
11&12                      Cross left shuffle on left-right-left  
&13&14                      Swing right in front left, cross right over left, step side left, recover on right  
15&16                      Cross left shuffle on left-right-left

### CROSS SIDE ROCK, FORWARD ROCK, ½ TURN RIGHT, PADDLE ¾ TURN

- 17&18                      Cross right over left, step side left, recover on right  
19&20                      Rock forward on left, recover on right, ½ turn left step forward on left  
21&22&                      Rock forward on right, tap left behind right, ¼ turn right, step on right, tap left behind right, ¼ turn right  
23&24                      ¼ turn right, step on right, tap left behind right, ¼ turn right, step on right

### CROSS SIDE ROCK, CROSS SHUFFLE, RONDE, CROSS SIDE ROCK, CROSS SHUFFLE

- 25&26                      Cross left over right, step side right, recover on left  
27&28                      Cross right shuffle on right-left-right  
&29&30                      Swing left in front right, cross left over right, step side right, recover on left  
31&32                      Cross right shuffle on right-left-right

### SIDE, BACK ROCK, SIDE, BACK ROCK, ¼ TURN, ½ TURN, FORWARD SHUFFLE

- 33&34                      Step side left, rock back on right behind left, rock forward on left  
35&36                      Step side right, rock back on left behind right, rock forward on right  
37&38                      ¼ turn left, step forward on left, step forward on right, ½ turn left, step forward on left  
39&40                      Right shuffle forward on right-left-right

### CROSS, ¼ TURN LEFT, SIDE ROCK, CROSS SIDE ROCK, MAMBO STEP, COASTER STEP

- 41&42                      Cross left over right, rock back on right, ¼ turn left step side left  
43&44                      Cross right over left, step side left, recover on right  
45&46                      Step forward on left, recover on right, step left slightly back  
47&48                      Step back on right, step left beside right, step forward on right

## SECTION B

### FULL TURN BACK ROCK, ½ TURN BACK ROCK, CROSS SIDE ROCK, CROSS, UNWIND FULL TURN, RONDE

- 1&2                      Cross left over right unwind full turn right (weight left), back rock on right, recover on left  
3&4                      Cross right over left unwind ½ turn left, back rock on left recover on right  
5&6                      Cross left over right, side rock on right, recover on left

7&8 Cross right over left, unwind full turn left (weight on right), ronde left to side behind right (weight on right)

**SAILOR STEP LEFT, BEHIND SIDE CROSS, HITCH, BEHIND SIDE CROSS, HITCH, COASTER STEP**

1&2 Sailor step left

3&4& Step right behind left, step side left, cross right in front of left, hitch left

5&6& Step left behind right, step side right, cross left over right, hitch right

7&8 Step back on right, step left beside right, step forward on right

17-32 Repeat 1-16

**SYNCOPATED 'HEEL-TOE' ROCKING CHAIR**

1&2&3&4 Touch left heel forward, recover on right, touch left toe back, recover on right, touch left heel forward, recover on right, step back on left

5&6&7&8 Touch right toe back, recover on left, touch right heel forward, recover on left, touch right toe back, recover on left, step forward on right

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