Baila Baila

拍數: 32

級數: Intermediate

編舞者: Peter Ng (SG)

音樂: Baila, Baila, Conmigo - Santiago Malnati & Carlos Silva

& TOUCH, & TOUCH, & WALK, WALK, DIAGONAL FORWARD STEP, TOUCH, FULL TURN TO RIGHT (WITH SPIRAL)

- &1&2 Step right to side, touch left beside right, step left to side, touch right beside left
- &3-4 Step back on right, walk forward left, walk forward on right
- 5-6 Large step forward diagonally left on left, touch right beside left
- 7&8 Step right forward turning ¼ right, step left to side turning ¼ right, spiral turn ½ right (weight on left)

SIDE CHASSE, HIP ROLL, ROCK BACK, RECOVER, FULL TURN FORWARD

- 1&2 Step right to side, step left beside right, step right to side
- 3-4 Hip roll to the left (weight remains on right)
- 5-6 Rock left back, recover on right
- 7&8 Full turn forward on left, right, left

SAILOR STEP, CLAP, KNUCKLE ROLL, & TOUCH, CROSS, STEP, CROSS, TOUCH, FLICK

- 1&2& Cross right behind left, step left to left, step right slightly forward, clap (hands away right cheek)
- 3&4 Roll knuckles shifting weight to left, step right beside left, touch left to side
- 5-6 Cross step left over right, step left to left
- 7&8 Cross step left over right, touch right beside left, flick right back turning ¼ left

Starting on count 3, grip fingers, knuckles facing right cheek, arms parallel to ground. Quick roll both forearms in one circular motion - out, up, in and away, keeping circle small

WALK TWICE, MAMBO TOUCH, PIVOT ½ TURN LEFT, PIVOT ½ TURN LEFT

- 1-2 Step right forward, step left forward
- 3&4 Rock right forward, recover on left, touch right beside left
- 5-6 Step right forward, pivot ½ turn left stepping left forward
- 7-8 Step right forward, pivot ½ turn left stepping left forward

REPEAT

TAG

Start of 9th wall (front wall; music slows down)

- 1-3-4 Vine to the right, touch left beside right & clap (hands at waist level)
- 5-6-7&8 Roll wrists (slow, slow, fast, fast) moving hands up, clap (hands away right cheek)
- 1-3-4 Vine turning ¼ to the left, scuff right forward
- 5-8 Rocking chair rock right forward, recover on left, rock right behind, recover on left

"OPTIONAL" INTRODUCTION

Hi five! It's fun Latin dancing. Give your friends 'five' with both hands on count &4, &8

ENDING:

You will be facing 12:00 wall after the whole dance. Bend both knees and spread hands for the big finish!





牆數:4