

# Baila

拍數: 48      牆數: 4      級數: Intermediate  
編舞者: Elaine White  
音樂: Baila - Jennifer Lopez



## SIDE ROCK STEPS, SAILOR STEPS

1-2      Rock right to right side, rock onto left in place  
3&4      Cross right behind left, step left to left side, step right to place  
5-6      Rock left to left side, rock onto right in place  
7&8      Cross left behind right, step right to right side, step left to place

## TOUCH RIGHT & LEFT HIP BUMPS, FULL TURN RIGHT, COASTER STEP

1&2      Touch right toe forward, bumping hips forward, back, forward (take weight)  
3&4      Touch left toe forward, bumping hips forward, back, forward (take weight)  
5      On ball of left pivot ½ turn right, stepping forward right  
6      On ball of right pivot ½ turn right, stepping back left  
7&8      Step back on right, step left beside right, step forward right

## POINT & CROSS, POINT TOUCH BACK, FORWARD SHUFFLE STEP ½ PIVOT RIGHT

1-2      Touch & point left toe out to left side, cross left foot over right  
3-4      Touch point right toe out to right side, touch point right toe back right  
5&6      Step forward right, close left beside, step forward right  
7-8      Step forward left, pivot ½ turn right

## SHUFFLE FORWARD, STEP RIGHT SLIDE RIGHT SIDE SHUFFLE, ROCK STEP

1&2      Step forward left, close right beside, step forward left  
3-4      Step right to right side, slide left beside right  
5&6      Step right to right side, close right beside, step right to right side  
7-8      Rock left forward, rock onto right in place

## 1 ¼ TURN LEFT INTO SHUFFLE, SIDE SLIDE, TRIPLE STEP

1-2      Step left ¼ left, on ball of left make ½ turn left stepping back right  
3      On ball of right, make ½ turn left stepping forward left  
&4      Step right beside left, step forward left  
5-6      Step right to right side, slide left beside right  
7&8      Triple step in place, right, left, right

## FULL TURN LEFT, TRIPLE STEP, ROCK STEPS

1-2      Step left ½ left, on ball of left make ½ turn left stepping back right  
3&4      Triple step in place left, right, left  
5-6      Rock forward on right, rock onto left in place  
7-8      Side rock right, rock onto left

## REPEAT