

Baha Holiday

拍數: 32 牆數: 4 級數: Intermediate
編舞者: John Robinson (USA) & Pepper Siquieros (USA)
音樂: Break Away - Baha Men



SWAY, SWAY, SIDE SHUFFLE, CROSS, TURN $\frac{3}{4}$, SHUFFLE FORWARD

1-2 Rock step right out to right side, rock weight to left side on left
3&4 Side shuffle to right side: right, left, right
5-6 Cross rock left foot over right, pivot $\frac{3}{4}$ to right (weight on right)
7&8 Lock step diagonally forward and to left (left, right, left)

KICK AND CROSS, UNWIND $\frac{1}{2}$ & CROSS SHUFFLE, SIDE ROCK & CROSS, STEP BACK, STEP TOGETHER

1&2 Kick right diagonally forward to right, step right slightly to right side, cross step left over right
& Unwind $\frac{1}{2}$ turn to right (weight shifts to left foot),
3&4 Cross right over left and shuffle to left side right, left, right
5&6 Rock out to left side on left, rock back to right, cross left over right
7-8 Step back on right, step left next to right

MAMBOS FORWARD, STEP, PIVOT, SKATE, SKATE

1&2 Rock to right side on right foot, recover weight to left foot, step forward on right foot
3&4 Rock to left side on left foot, recover weight to right foot, step forward on left foot
5-6 Step forward on right foot, pivot $\frac{1}{2}$ left onto left foot
7-8 Skate forward right, left

SHUFFLE FORWARD, ROCK & PIVOT $\frac{1}{2}$ LEFT, FULL WALK-AROUND TURN, FULL PADDLE TURN

1&2 Forward shuffle: right, left, right
3&4 Rock forward on left foot, recover weight to right foot, pivot $\frac{1}{2}$ left stepping forward on left foot
5-6 Pivot $\frac{1}{2}$ turn left stepping back on right foot, pivot $\frac{1}{2}$ turn left stepping forward on left foot

Easier "no turn" option: walk forward right, left

&7&8 Push off with ball of right, pivot $\frac{1}{2}$ turn left (weight left), push off with ball of right, pivot $\frac{1}{2}$ turn left (weight left)

REPEAT
