

Badonkin'

拍數: 32 牆數: 4 級數: Improver west coast swing
編舞者: Nikki Wyllie (USA)
音樂: Honky Tonk Badonkadonk - Trace Adkins



RIGHT TOE FAN, STEP, SLIDE

1-2 Fan right toes to right side, return next to left,
3-4 Step right foot to right side, slide left foot next to right (no weight)

LEFT TOE FAN, STEP, SLIDE

5-6 Fan left toes to left side, return next to right,
7-8 Step left foot to left side, slide toes of right next to left ending in a touch

MONTEREY TURN, ½ TO THE RIGHT

See below for alternate steps

1 Touch toes of right to the right side
2 Pivot ½ turn right on ball of left and step right next to left
3 Touch toes of left to left side
4 Step left next to right

MONTEREY TURN, ½ TO THE RIGHT

See below for alternate steps

5 Touch toes of right to the right side
6 Pivot ½ turn right on ball of left and step right next to left
7 Touch toes of left to left side
8 Step left next to right

TRIPLE STEP RIGHT SIDE, ROCK BACK, RECOVER

1&2 Step right foot to right side, step left next to right, step right to right side
3-4 Rock back on left foot, recover forward on right foot

TRIPLE STEP LEFT SIDE, ROCK BACK, RECOVER

5&6 Step left foot to left side, step right next to left, step left to left side
7-8 Rock back on right foot, recover forward on left foot

RIGHT VINE WITH ¼ TURN RIGHT

1-2 Step right foot to right side, step left behind right
3&4 ¼ turn right on right foot, step left next to right, step right foot forward

½ PIVOT RIGHT, TRIPLE STEP FORWARD, PRESS

5-6 Step forward left, pivot ½ right (replace weight to right foot)
7&8& Step forward left, step right next to left, step forward left, press right heel into floor

REPEAT

Alternate steps for Monterey turns (2nd set of eight)

1-2 Touch right foot to right side, step right foot next to left
3-4 Touch left foot to left side, step left foot next to right
5-6 Touch right foot to right side, step right foot next to left
7-8 Touch left foot to left side, step left foot next to right