

Badly Bent 2000

COPPER KNOB
BY STEPHEN BENT

拍數: 32 牆數: 4
編舞者: Alan "Renegade" Livett (UK)
音樂: Super Love - Exile

級數: Intermediate/Advanced



VINE RIGHT, SYNCOPATED ½ TURN RIGHT, SYNCOPATED ¼ TURN LEFT SWEEP, CROSS & HEEL JACK

1-2&3 Step right to side, step left behind, step right next to left, step forward on left foot
&4 Pivot ½ turn to right on balls of feet, transferring weight onto left
&5 Pivot ¼ turn to left on balls of feet, step forward onto left
6-7 Sweep right foot in front and across left, step onto right
&8 Step back on left foot, present right heel forward

½ TURN LEFT, HIP BUMPS, STEP CROSS-SIDE-¼ TURNING SAILOR SHUFFLE

& Transfer weight forward onto right (in heel jack position) turning ½ turn to left
1 And present left foot forward with ball on floor
2 With body at slight angle to right, bump hips forward and up
& Bump hip backwards, bringing weight back onto right, bending leg and lowering body
3 Continuing the direction of movement, bump hip forward in lowest position

The overall shape of this pattern should be in a "C" starting at the top of the "C" and finishing at the bottom

&4 Reverse counts &3

Weight should finish on right leg, with left hip in a slightly forward position at the top of the "C" and the ball of the left foot on the floor

&5-6 Bring left foot next to right, cross right across and in front of left, step left foot to left side
7&8 Step right foot behind left, step left foot to left side, starting ¼ turn to right, step forward on right

You are now facing 3:00

RIGHT AND LEFT WIZARD OF OZ, ½ TURN RIGHT, RIGHT AND LEFT WIZARD OF OZ, ¾ TURN RIGHT

&1-2 Step left ball to left side, step right heel to forward right diagonal, step onto right foot and lock left behind right
&3-4 Step right ball next to left, step left heel to forward left diagonal, step onto left foot and lock right behind left
& Turn ½ turn to right, pivoting on ball of right foot, take weight on left
5-6 Step right heel to forward right diagonal, step onto right foot and lock left behind right
&7-8 Step right ball next to left, step left heel to forward left diagonal, step onto left foot and lock right behind left
& Turn ¾ turn to right, pivoting on ball of right foot, take weight on left

You are now facing 6:00

STOMP, HOLD, STOMP, HOLD, TOE, TURN, CROSS, BACK TOGETHER, FORWARD, SCUFF, HITCH

1-2 Stomp forward right, hold
3-4 Stomp forward left, hold
5&6 Touch right toe to right side, keeping right leg straight, pivot ¼ turn right on left presenting right heel, step right across in front of left
&7& Step back with left, step together with right, step forward with left
8& Scuff right next to left. Hitch right leg, ready to start again

REPEAT