

Bad Weather

COPPER KNOB
STEPPERS

拍數: 64 牆數: 0 級數:
編舞者: Kathy Hunyadi (USA)
音樂: Bad Weather - John Anderson



TOE HEEL STRUTS FORWARD

- 1-4 Step forward on ball of right foot, drop right heel, step forward on ball of left foot, drop left heel
5-8 Repeat counts 1-4. For styling, snap fingers and use "rubber legs" instead of struts

RIGHT AND LEFT TOE POINTS

- 9-12 Point right toes out to right side, point toes forward, point toes to right side, step right foot behind left
13-16 Point left toes out to left side, point toes forward, point toes to left side, step left foot behind right

RIGHT AND LEFT LOCK STEPS

- 17-20 Step forward on right foot, slide left foot behind and to right of right foot, step forward on right foot, brush left foot forward
21-24 Step forward on left foot, slide right foot behind and to left of left foot, step forward on left foot, touch right foot next to left foot

FOUR PADDLE TURNS

Use lots of hip action here!

- 25-26 Step forward on right foot, turn ¼ turn to left, pushing right hip out to side, step in place on left foot
27-32 Repeat counts 25-26 three more times

SHUFFLES FORWARD, ½ TURN, COASTER STEP

- 33&34 Shuffle forward right, left, right
35&36 Shuffle forward left, right, left
37-38 Step forward on right foot, turn ½ turn to left, step left foot next to right foot (left foot takes weight)
39&40 Step back on right foot, step together on left foot, step forward on right foot (coaster)

SHUFFLES FORWARD, ½ TURN, COASTER STEP

- 41&42 Shuffle forward left, right, left
43&44 Shuffle forward right, left, right
45-46 Step forward on left foot, turn ½ turn to left (yes, left), step right foot next to left foot (right foot takes weight)
47&48 Step back on left foot, step together with right foot, step forward on left foot (coaster)

HEEL JACKS (ROMP)

- 49-52 Step forward on right foot, touch left foot next to right, step back on left foot, touch right heel forward
&53&54 Step home on right foot, touch left toes next to right foot, step back on left foot, touch right heel forward
&55&56 Repeat &53&54

JUMP, CROSS, UNWIND, HIP CIRCLE

- &57 Small step side right with right foot, cross left foot over right foot
58-60 Unwind ¾ turn to right (¼ turn per count). Weight should be evenly distributed on both feet.
61-64 Circle hips to the left. Weight ends on left. (you can do a body roll here.)

REPEAT
