

# The Bad Touch

拍數: 44      牆數: 1      級數: Intermediate  
編舞者: Nathan Rheome (USA)  
音樂: The Bad Touch - Bloodhound Gang



## ROCKING STEPS

- 1            Rock forward on right foot
- 2            Rock back on left foot
- 3            Step right foot next to left
- 4            Step back on left foot

## HIP GYRATIONS

- 5-6            Roll hips to the right
- 7-8            Roll hips to the left
- 9-10            Bump hips right-left
- 11-12            Step back on right foot and hold

## COASTER STEPS

- 13            Step back on left foot
- 14            Step back on right foot
- 15            Step back on left foot
- &            Step back on right foot
- 16            Step forward on left foot

## TURNS AND JUMP

- 17            Step forward on right foot
- 18            Make ½ turn to left (left foot should be forward)
- 19            Jump and bring right foot forward and left foot backward
- 20            Make ¼ turn to the left and bring feet together with your left heel raised (weight is on the ball of left foot)

## MOONWALK, KICKS, AND STEP

- 21            Slide right foot back, raise right heel and drop left heel
- 22            Slide left foot back, raise left heel and drop right heel (weight on right foot)
- 23-24            Repeat steps 21-22
- 25-26            Kick left foot forward and out to the side
- 27-28            Step left foot beside right and hold (weight is now on left foot)

## KICK-BALL-CHANGE, STEP BACK AND TURN

- 29            Kick right foot forward
- &            Step on ball of right foot next left
- 30            Step left foot in place (weight is now on left foot)
- 31            Step back on right foot
- 32            Make ¼ turn to right and step left foot next to right

## KNEE MOVEMENTS

- 33-34            Roll right knee to the right (weight is now on right foot)
- 35-36            Roll left knee to the right (weight is now on left foot)
- 37-40            Repeat steps 29-32
- 41            Bring right knee in
- 42            Bring right knee out and left knee in

- 43 Bring left knee out and right knee in  
44 Bring right knee forward

**REPEAT**

**Variations: instead of the Moonwalk (steps 21-24), an option is a back up with attitude**

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