

# Bad To The Bone

拍數: 48      牆數: 0      級數:  
編舞者: Tom West (CAN)  
音樂: Bad To The Bone - George Thorogood



## MONTEREY HOOK, TURN CHA-CHA, COASTERS FORWARD & BACK

1-2      Touch right toe to right side, turn  $\frac{1}{2}$  turn to the right & hook right foot below left knee  
3&4      Turning  $\frac{1}{4}$  turn right cha-cha forward right, left, right  
5&6      Step forward on left foot, close right foot beside left, step back on left foot  
7&8      Step back on right foot, close left foot beside right, step forward on right foot

## STEP, $\frac{1}{2}$ PIVOT & CHA-CHA-CHA, STEP, $\frac{1}{2}$ PIVOT & CHA-CHA-CHA

9-10      Step forward on left foot, pivot  $\frac{1}{2}$  turn right on ball of left foot (weight forward on right foot)  
11-12      Cha-cha forward left, right, left  
13-14      Step forward on right foot, pivot  $\frac{1}{2}$  turn left on ball of right foot (weight forward on left foot)  
15&16      Cha-cha forward right, left, right

## MONTEREY HOOK, TURN CHA-CHA, COASTERS FORWARD & BACK

17-18      Touch left toe to left side, turn  $\frac{1}{2}$  turn backwards to the left & hook left foot below right knee  
19&20      Turning  $\frac{1}{4}$  turn left cha-cha forward left, right, left  
21&22      Step forward on right foot, close left foot beside right, step back on right foot  
23&24      Step back on left foot, close right foot beside left, step forward on left foot

## HEEL & TOE TOUCHES, BACK $\frac{1}{2}$ TURN, TURN CHA-CHA, COASTER STEP

25-26      Tap right heel forward, touch right toe to right side  
27&28      Touch right toe straight back, turn  $\frac{1}{2}$  turn right on ball of left foot, step weight down on right foot  
29&30      Turning  $\frac{1}{4}$  backwards to the left & cha-cha back left, right, left  
31&32      Step back on right foot, close left foot beside left, step forward on right foot

## HEEL & TOE TOUCHES, BACK $\frac{1}{2}$ TURN, TURN CHA-CHA, COASTER STEP

33-34      Tap left heel forward, touch left toe to left side  
35&36      Touch left toe straight back, turn  $\frac{1}{2}$  turn left on ball of right foot, step weight down on left foot  
37&38      Turning  $\frac{1}{4}$  backwards to the right & cha-cha back right, left, right  
39&40      Step back on left foot, close right foot beside left, step forward on left foot

## DIAMOND POINT TURNS, BACK AND STAMP

41-42      Step forward and  $\frac{1}{4}$  turn right on right foot, point left toe to left side  
43-44      Step back and  $\frac{1}{4}$  turn right on left foot, point right toe to right side  
45-46      Step forward and  $\frac{1}{4}$  turn right on right foot, point left toe to left side  
47-48      Step back on left foot, stamp (stomp up) right foot beside left foot (weight remains on left)

REPEAT

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