

Bad Places

拍數: 32 牆數: 4 級數: Improver east coast swing
編舞者: Minna Liljamo (FIN)
音樂: It's Alright - Trisha Yearwood



SIDE TRIPLE, ROCK STEP, SIDE BEHIND, TRIPLE WITH ¼ TURN

- 1 Right foot step to the side (3:00)
- & Left foot step next to right foot
- 2 Right foot step to the side
- 3 Left foot rock back
- 4 Right foot recover
- 5 Left foot step to the side
- 6 Right foot step behind left foot
- 7 Left foot step to the side
- & Right foot step next to left foot, ¼ turn to the left
- 8 Left foot step forward (9:00)

½ TURN, KICK BALL TOUCH, SAILOR STEP, SAILOR STEP WITH ¼ TURN

- 1 Right foot step forward, ½ turn to the left
- 2 Left foot take weight (face 3:00)
- 3 Right foot kick forward
- & Right foot step next to left foot
- 4 Left foot touch to the left
- 5 Left foot step behind right foot
- & Right foot step to the right
- 6 Left foot step to the left
- 7 Right foot step behind left foot making ¼ turn to the right (face 6:00)
- & Left foot step to the left
- 8 Right foot step to the right

WEAVE, SIDE ROCK WITH ¼ TURN TRIPLE FORWARD

- 1 Left foot step behind right foot
- & Right foot step the right
- 2 Left foot cross in front of right foot
- & Right foot step the right
- 3 Left foot step behind right foot
- & Right foot step the right
- 4 Left foot cross in front of right foot
- 5 Right foot rock to the right, ¼ turn to the left (face 3:00)
- 6 Left foot recover
- 7 Right foot step forward
- & Left foot step next to right foot
- 8 Right foot step forward

TRIPLE WITH ½ TURN, ROCK STEP HEEL BALL CROSS TWICE

- 1 Left foot ¼ turn to the right and step to the side
- & Right foot step next to left foot, ¼ turn to the right
- 2 Left foot step back (face 9:00)
- 3 Right foot rock back
- 4 Left foot recover
- 5 Right foot touch heel forward

- & Right foot step next to left foot
- 6 Left foot cross in front of right foot
- 7 Right foot touch heel forward
- & Right foot step next to left foot
- 8 Left foot cross in front of right foot

REPEAT
