

Bad Habits

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Kerry Hughes (AUS)
音樂: Papa Don't Ask, Mama Don't Know - Jenai



DOUBLE KICK, SIDE, ROCK, CROSS, SIDE, REPLACE, HOLD

1-4 Double kick right over left, step right to right side, rock replace weight on left
5-8 Cross right over left, step left to left side, step right to right side, hold

DOUBLE KICK, SIDE, ROCK, CROSS, SIDE, STEP, CROSS

1-4 Double kick left over right, step left to left side, step right to right side
5-8 Cross left over right, step right to side, step left to left side, cross right over left

STEP ¼ LEFT, HOLD, HEEL FORWARD, HOLD, TOUCH TOE BACK, TOUCH HEEL FORWARD, STEP BACK SCUFF ½ LEFT

1-4 Step forward left turning ¼ turn left, hold, heel forward (weight left), hold
5-8 Touch right toe back, touch right heel forward, step back right, scuff left (turning body ½ left)

STEP, HOLD, HEEL FORWARD, HOLD, TOUCH TOE BACK, TOUCH HEEL FORWARD, TOUCH TOE ¼ RIGHT, TAKE WEIGHT RIGHT

1-4 Step forward left, hold, heel forward, hold
5-8- Touch right toe back, touch right heel forward, turning ¼ turn to right touch right toe to right side, take weight right

LEFT COASTER, LOCK, STEP, LOCK, STEP, DRAG

1-4 Step back left, step right beside left, step forward left, lock right behind left
5-8 Step forward left, lock right behind left, step forward left, drag right

RIGHT CHARLESTON, HOLD, LEFT CHARLESTON, TAP RIGHT TOE BEHIND LEFT

1-4 Touch right toe forward, replace weight left, touch right toe back, hold
5-8 Step left back, replace weight right, step right forward, tap right toe behind left

EXTENDED VINE RIGHT

1-4 Step right to right side, step left behind right, step right to right side, cross step left in front of right
5-8 Step right to right side, step left behind right, step right to right side, tap left next to right

STEP ¼ LEFT, SCUFF, CROSS STEP, BACK, BACK, FORWARD, ½ RIGHT, STEP

1-4 Step forward left turning ¼ turn left, brush sweep right over left, step right over left, step back left
5-8 Step right next to left, step forward left, step forward right turning ½ turn right, step forward left next to right

REPEAT