

Bad Habit's

拍數: 40 牆數: 4 級數: Intermediate
編舞者: Edward Poole (USA)
音樂: That Don't Impress Me Much (International Remix #1 Dance Mix) - Shania Twain



RIGHT KICK BALL CHANGE, STOMP, CLAP, ROCK FORWARD, ROCK BACK, SHUFFLE ½ TURN

- 1 Kick right forward
- & Place right foot home weight on the ball of right foot
- 2 Shift weight to left
- 3 Stomp right forward
- 4 Clap hands
- 5 Step left forward
- 6 Step right in place
- 7 Step left back starting ½ turn left
- & Right step home
- 8 Step left forward finishing ½ turn

RIGHT KICK BALL CHANGE, STOMP, CLAP, ROCK FORWARD, ROCK BACK, SHUFFLE ¾ TURN

- 9 Kick right forward
- & Place right foot home weight on the ball of right foot
- 10 Shift weight to left
- 11 Stomp right forward
- 12 Clap hands
- 13 Step left forward
- 14 Step right in place
- 15 Step left back starting ¾ turn left
- & Right step home
- 16 Step left forward finishing ¾ turn

SIDE SHUFFLE RIGHT, ROCK STEP, KICK BALL CROSS, KICK BALL CROSS

- 17 Step right with right
- & Step left next to right
- 18 Step right with right
- 19 Step left behind right
- 20 Step right in place
- 21 Kick left foot
- & Place left foot home weight on the ball of left foot
- 22 Step right crossing in front of left
- 23 Kick left foot
- & Place left foot home weight on the ball of left foot
- 24 Step right crossing in front of left

SIDE ROCK, SAILOR STEP, SAILOR STEP, SCUFF SCOOT STEP

- 25 Step left to left side
- 26 Step right in place
- 27 Step left behind right
- & Step right home
- 28 Step left small step forward
- 29 Step right behind left
- & Step left home
- 30 Step right small step forward

31 Scuff left next to right foot
& Scoot forward on right foot
32 Step left forward

BODY ROLL, ROCK FORWARD, ROCK BACK, SHUFFLE ½ TURN RIGHT, SHUFFLE FORWARD

33 Body roll down
34 Body roll up weight on left foot
35 Step right forward
36 Step left in place
37 Step right back starting ½ turn right
& Step left next to right
38 Step right forward finishing ½ turn right
39 Step left forward
& Step right home
40 Step left forward

REPEAT
