# **Bad Day Blues**



拍數: 32 牆數: 4 級數:

編舞者: Loose Boots

音樂: Such A Good Time - The Dean Brothers



### Start with right leg slightly forward

1& Push right hip out, back to center on the & beat

2&3&4 Repeat 1&

### LEFT FOOT KICK-BALL-CHANGE, STEP, SCUFF, TURN & STOMP

5&6 Kick left foot forward then down on ball of left foot, lift & replace right foot

& Step left in place

7 Scuff right foot through

& Hitch right knee and turn ¼ left

8 Stomp right next to left 9-12 Repeat steps 5-8

## STEP FORWARD, FLICK AND STOMP, STOMP

13-14 Stepping forward stomp left, stepping forward stomp right

15 Flick left to left side (wiping left foot with left hand)

&16 Stomp left foot back in place

### ROLLING VINE TO LEFT, STEP RIGHT, STEP LEFT

17-19 Step left to left side starting to turn to the left, then step on right, then left completing a full

turn

&20 Stomp right, stomp left

#### ROLLING VINE TO RIGHT, STEP LEFT, TOUCH RIGHT

21-23 Step right foot to right side turning to the right, then step on left, then right completing a full

turn

&24 Stomp left foot, touch right foot

### TWO RIGHT HEEL DIGS, CROSS, HEEL DIG, STEP BACK

25-26 Touch right heel forward twice

27&28 Cross right heel in front of left shin, touch right heel forward, step right foot back slightly

diagonal

### **SHUNTS AND SWIVELS**

29-31 Weight on both toes start making a ¼ turn right by gently swiveling both heels to the left

making small shunting movement on each beat (body is moving to the right)

&32 Swivel both heels right on &, then back to center (keep right leg slightly forward ready to start

again)

## **REPEAT**