

Bad Day

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Linda Burgess (AUS) & Mitchell Burgess (AUS)
音樂: Bad Day - Daniel Powter



STEP SIDE DRAG, ROCK BEHIND REPLACE, STEP SIDE DRAG, BEHIND ¼ STEP, ½ LEFT STEP, BACK DRAG, LEFT COASTER DRAG, RIGHT COASTER/CROSS

- 1-2&3-4& Large step to right, dragging left to right, rock/step back left, replace weight to right, large step to left, dragging right to left, cross/step right behind left, turn ¼ left, step forward left
- 5-6&7-8&1 Turn ½ left & step back right, dragging left, step back left, step right beside left, step forward left, dragging right to left, step back right, step left beside right, cross/step right over left

BEHIND SIDE FRONT SIDE BEHIND ¼ RIGHT STEP FORWARD, STEP PIVOT ½ RIGHT, STEP FORWARD DRAG, FULL TURN LEFT, STEP TOGETHER

- 2&3&4& Step left back behind right, step right to right, cross/step left over right, step right to right, cross/step left behind right, turn ¼ right & step forward right
- 5-6-7&8& Step forward left & pivot ½ turn right, dragging left to right, step forward left, turn ½ left & step back right, turn ½ turn left & step forward left, step right beside left (weight right)

SIDE ROCK REPLACE, TOGETHER, STEP PIVOT ½ LEFT, TOGETHER, STEP PIVOT ½ RIGHT, TOGETHER, SIDE SWAY, SWAY, SWAY

- 1-2&3-4& Rock/step left to left, replace weight to right, step left beside right, step forward right & pivot ½ turn left, step right beside left
- 5-6&7-8& Step forward left, pivot ½ turn right, step left beside right, rock/step right to right, swaying hips to right, replace weight to left, swaying hips left, rock/step right to right, swaying hips to right

SIDE DRAG, BEHIND ¼ LEFT, STEP FORWARD, ½ LEFT & STEP BACK & DRAG, LEFT COASTER, DRAG, STEP FORWARD DRAG, FULL TURN LEFT (TO SIDE)

- 1-2&3-4&5 Large step to left, dragging right to left, cross/step right behind left, ¼ turn left & step forward left, ½ turn left & step back right, dragging left, step back left, step right beside left, step forward left, dragging right to left
- 6-7&8 Step forward right, dragging left to right, turn ¼ left & step forward left, turn ½ left & step back right, turn ¼ left & step left to left

REPEAT

TAG

End of wall 6 facing back

- 1-2&3-4& Large step to right, dragging left to right, rock/step back left, replace weight to right, large step to left, dragging right to left, rock/step back right, replace weight to left