

Backseat Blues

拍數: 48 牆數: 2 級數: Intermediate west coast swing
編舞者: Dan Albro (USA)
音樂: Backseat Blues - Roomful of Blues



Special thanks to Joanne Brady for her thoughtfulness and patience

STEP BACK, BACK, TOUCH, KICK, & STEP FORWARD, FORWARD, ANCHOR

1-4 Step back on left, step back on right, touch left toe forward, kick left forward(low)
&5-6 Quickly step on ball of left next to right, step forward right, step forward left
7&8 Cross right behind left(body angled right), step left back (remains crossed over right), step back on right

STEP BACK, BACK, TOUCH, KICK,& STEP FORWARD, STEP FORWARD, SHUFFLE FORWARD

1-4 Step back on left, step back on right, touch left toe forward, kick left forward(low)
&5-6 Quickly step on ball of left next to right, step forward right, step forward left
7&8 Shuffle forward right, left, right (body angled left)

Variation: on count 7&8 turn 1 full turn right; cross right behind left angle body right, step left next to right, step right forward completing a full turn right to face 12:00

ROCK ¼ TURN, SIDE TOGETHER KICK & JAZZ WITH ¼ TURN CROSS OVER

1-2-3&4 Rock forward left, replace weight turning ¼ turn left, step side left, step right next to left, kick left forward
&5-6-7 Step back on left, cross right over left, step back left, turn ¼ turn right stepping side right
8 Cross left over right

Variation: on count 8, turn 1 full turn right on ball of left foot to face 12:00

SHUFFLE SIDE, ROCK, REPLACE, STOMP, KICK & CROSS, KICK & CROSS

1&2-3-4 Shuffle side right, left, right, rock back on left, replace weight on right
5-6&7 Stomp left foot next to right, kick left angle left, step back on ball of left, cross right over left
8&1 Kick left angle left, step back on ball of left, cross right over left

SIDE LEFT, ROCK, REPLACE, SIDE RIGHT, ROCK, REPLACE, STEP SIDE

2-6 Step side left, rock back right, replace weight left, step side right, rock back left
7-8 Replace weight right, step side left

¼ TOUCH, KICK, & CROSS, & KICK, & CROSS, UNWIND (SLOWLY)

1-2& Turn ¼ right touching right toe forward, kick right forward, step back on right
3&4& Cross left over right turning ¼ left, step back right, kick left forward, step back left
5-8 Cross right over left, unwind ½ turn left - finish with weight on right foot

REPEAT