

Back With A Heart

COPPERKNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Mark Hood (UK) & Douglas Semple (UK)
音樂: Back With a Heart - Olivia Newton-John



ROCK, & ROCK, TOUCH, STEP, TOUCH

1 Rock forward right
&
2 Rock in place left
3 Touch right beside left
4 Step right to the right
5 Touch left beside right

ROCK, & ROCK, TOUCH, STEP, TOUCH

6 Rock forward left
&
7 Rock in place right
8 Touch left beside right
9 Step left to the left
10 Touch right beside left

ROCK, & ROCK, ROCK, STEP, ½

11 Rock forward right
&
12 Rock left in place
13 Rock back right
14 Step back left
15 Turn ½

ROCK, & ROCK, ROCK, STEP, ½

16 Rock forward right
&
17 Rock left in place
18 Rock back right
19 Step back left
20 Turn ½

STEP, CROSS, UNWIND, STOMP, KICK

21 Step right to the right
22 Cross left behind right
23 Unwind ½
&
24 Stomp right
25 Kick right forward

VAUDEVILLE, CROSS, UNWIND

&
26 Step right in place
27 Step left over right
&
28 Step right to the right
29 Touch left heel diagonally forward
&
30 Step left in place
31 Cross right over left
32 Unwind ¾

STEP, SLAP, STEP SLAP ¼

33 Step right forward

- 26 Hook left behind right (slap with right hand)
- 27 Step left in place
- 28 Hook right over left with $\frac{1}{4}$ (slap with left hand)

CROSS, BACK SIDE HOLD

- 29 Cross right over left
- 30 Step back left
- 31 Step right the right
- 32 Hold

STEP, STEP, CROSS, HOLD

- 33 Step left forward
- 34 Step right forward
- 35 Cross left over right
- 36 Hold

STEP, STEP, CROSS, HOLD

- 37 Step right forward
- 38 Step left forward
- 39 Cross right over right
- 40 Hold

STEP $\frac{1}{4}$, STEP $\frac{1}{4}$, STEP HOLD

- 41 Step left back with $\frac{1}{4}$ turn to the right
- 42 Step right beside left with $\frac{1}{4}$ turn
- 43 Step forward left
- 44 Hold

JAZZ BOX STEP

- 45 Step right over left
- 46 Step back left
- 47 Step right to the right with $\frac{1}{4}$ turn to the right
- 48 Step left beside right

REPEAT
