

Back Up Against The Wall

COPPERKNOB
STEPSHEETS

拍數: 36 牆數: 4 級數: Intermediate
編舞者: Karen Hadley (UK)
音樂: Back Up Against the Wall - Travis Tritt



ROCK-STEP, BACK SHUFFLE, BACK ROCK, STEP, POINT

1-2 Rock forward on right, rock back onto left
3&4 Step back on right, close left beside right, step back on right
5-6 Rock back on left, rock forward onto right
7&8 Step forward on left, touch right toe to right side

CROSS, SIDE, ¼ TURN RIGHT, BACK, POINT, FULL TURN LEFT, LEFT SHUFFLE

9-10 Cross step right over left, step left to left side making ¼ turn right
11-12 Step back on right, touch left toe back (angle body to right to prepare for turn)
13 Step forward left, on ball of left pivot ½ turn left
14 Step back on right, on ball of right pivot ½ turn left
15&16 Step forward left, close right beside left, step forward left

HEEL SWITCHES (TRAVELING SLIGHTLY FORWARD), ROCK-STEP

17& Touch right heel forward, step slightly forward on right
18& Touch left heel forward, step slightly forward on left
19-20 Rock forward on right, rock back onto left

1 ½ TURNS RIGHT (TRAVELING BACK), STOMP, RIGHT KICK BALL-CHANGE, SIDE ROCK

21 On ball of left pivot ½ turn right stepping forward right
22 On ball of right pivot ½ turn right stepping back on left
23 On ball of left pivot ½ turn right stepping forward right
24 Stomp left beside right
25&26 Kick right forward, step ball of right beside left, step left in place
27-28 Rock right to right side, rock back onto left in place

CROSS, SIDE, BEHIND, UNWIND ½ TURN RIGHT, ROCK-STEP, COASTER STEP

29-30 Cross step right over left, step left to left side
31-32 Touch right behind left, unwind ½ turn right (take weight onto right foot)
33-34 Rock forward on left, rock back onto right
35&36 Step back on left, close right beside left, step forward on left

REPEAT
