

Back 2 Me

拍數: 32 牆數: 4 級數: Improver
編舞者: Maggie Gallagher (UK)
音樂: If You Come Back To Me - Inspiration



SIDE, SLIDE/TOUCH, STEP BACK, BACK, COASTER STEP, SKATE, SKATE

1-2 Step right to right side, slide left to touch together
3-4 Step back on left, step back on right
5&6 Step back on left, step right together, step forward on left
7-8 Slide/skate right forward on right diagonal, slide/skate left forward on left diagonal

STEP ¼ PIVOT, CROSS SHUFFLE, POINT, CROSS, POINT, TOUCH

1-2 Step forward on right, pivot ¼ turn left
3&4 Cross step right over left, step left to side, cross step right over left
5-6 Point left to left side, cross step left over right
7-8 Point right to right side, touch right toe forward

STEP BACK, TOUCH, STEP, TURN ½, STEP BACK, TOUCH, STEP, TURN ½

1-2 Step back on right, touch left toe across in front of right
Click fingers and drop arms down in front of body on count 2
3-4 Step forward on left, turn ½ left on ball of left then step back on right
5-6 Step back on left, touch right toe across in front of left
Click fingers and drop arms down in front of body on count 6
7-8 Step forward on right, turn ½ right on ball of right then step back on left

BACK-ROCK, RIGHT SHUFFLE, BUMP, LEFT, RIGHT, BUMP & BUMP

1-2 Rock back on right, recover weight onto left
3&4 Step forward on right, step left together, step forward on right
5-6 Step left to side and bump hips left, bump hips right
7&8 Bump hips left, right, left

REPEAT
