Back To The Island



編舞者: Charlotte Skeeters (USA)

音樂: Back to the Island - Jimmy Buffett



CROSS, 14, SHUFFLE 12, FORWARD, RECOVER, BACK, CROSS, BACK

1-2	Right cross over left, execute ¼ turn right as you step back onto left
3&4	Continue turning as you shuffle into ½ turn right stepping right, left, right

5-6 Left rock forward, recover back onto right

7&8 Left step back, right cross over left, left step back

BACK, FORWARD, SIDE, TOGETHER, SIDE, CROSS, RECOVER, SIDE, TOGETHER, SIDE

1-2 Right rock back, left rock forward

3&4 Right step side right, left step next to right, right step side right

5-6 Left cross over right, recover back onto right

7&8 Left step side left, right step next to left, left step side left

CROSS, 14, SHUFFLE 12, FORWARD, RECOVER, BACK, CROSS, BACK

1-2	Right cross over left, execute ¼ turn right as you step back onto left
3&4	Continue turning as you shuffle into ½ turn right stepping right, left, right

5-6 Left rock forward, recover back onto right

7&8 Left step back, right cross over left, left step back

BACK, FORWARD, SIDE, TOGETHER, ¼, FORWARD, ½ PIVOT, ¼, HOLD

1-2 Right rock back, left rock forward

Right step side right, left step next to right, right step side right into ¼ turn right

5-6 Left step forward, pivot ½ turn right (weight ends on right)

7-8 Continue turning right into ¼ turn as you step a long step back on left, hold

SWAYS: BACK, RECOVER, ¼, RECOVER, BACK, RECOVER, FORWARD, HOLD

Next 1-6 should be executed with swaying motion

1-2	Right step back (raise left heel) and sway your body back: recover onto left
3-4	Turn ¼ left as you step side right and sway body to right, recover onto left
5-6	Right step back (raise left heel) and sway body back, recover onto left

7-8 Right step forward, hold

BACK, SHUFFLE 1/2, FORWARD, BACK, BACK, CROSS, BACK, SWEEP

1-2&3 Left step back, shuffle into ½ turn right stepping right, left, right

4-5 Left rock forward, right rock back

6&7 Left step back, right cross over left, left step back

8 Sweep right foot around to the right ending behind left (weight is still left)

BEHIND, SIDE, CROSS, HOLD OR TAP, RECOVER, SIDE, TOGETHER, SIDE, BRUSH-UP

1-4 Right step behind left, left step side left, right cross over left, hold or tap left behind right 5-6&7 Left step behind right, right step side right, left step next to right, right step *long* side right

8 Left brush-up behind right (you can almost start a ¼ turn left which comes up next)

14, CROSS, SIDE, SIDE, CROSS, SIDE, HOLD, SAILOR

1-2	Turn ¼ turn left as you step forward on left, right cross over left
3&4	Left step side left, right step side right, left cross over right

5-6 Right step *long* side right, hold

REPEAT

TAG

At the end of second repetition do these 16 counts one time only. You will be facing front wall

1-4 Right cross over left, recover back to left, right step side right, recover to left

5-67&8 Right cross over left, recover back to left, shuffle into ½ turn right stepping right, left, right

1-4 Left cross over right, recover back to right, left step side left, recover to right

5-67&8 Left cross over right, recover back to right, shuffle into ½ turn left stepping left, right, left

Start dance again from the beginning