

Back To The Basics

拍數: 64 牆數: 4 級數: Improver
編舞者: Bill Lancaster (AUS)
音樂: What This Country Needs - Aaron Tippin



RIGHT HEEL, ½ TURN TO THE RIGHT, BRUSH UP, LOCK STEP, STEP FORWARD, TOGETHER

1-2 Touch right heel forward; touch right toe back; (keeping weight on left)
3-4 Turn ½ to the right; brush right up across left knee
5&6 Step right forward; lock step left behind right; step forward right
7-8 Step left forward; step right beside left

LEFT HEEL, ½ TURN TO THE LEFT BRUSH UP, LOCK STEP, STEP FORWARD, TOGETHER

9-10 Touch left heel forward; touch left toe back; (keeping weight on right)
11-12 Turn ½ to the left; brush left up across right knee
13&14 Step left forward; lock right behind left; step left forward
15-16 Step right forward; step left beside right

HIPS

17-20 Step right slightly to side pushing hips right, left, right, left

KICKBALL CHANGE AND TURN, CLAP

21&22 Right kickball change
23&24 Right kickball change
25-26 Right kick forward at 45 degrees; step right toe to left of left foot
27-28 Unwind on both feet ½ turn to the left; clap (weight to right)

SIDE ROCK, REPLACE, BEHIND, SIDE, CROSS

29-30 Rock left to side; step replace right
31&32 Step left behind right; step right to side; step cross left in front right

LOCK STEP, SCOOT & HITCH, LOCK STEP & STEP

33-34 Step right forward; step lock left behind right
35-36 Step right forward; scoot right forward hitching left and clap
37-38 Step left forward; step lock right behind left
39-40 Step left forward; step right beside left

LEFT ROLLING VINE, RIGHT ROLLING VINE

41-42 Step left to side turning ½ to the left; step right to side turning ½ to the left
43-44 Step left to side; tap right beside left
45-46 Step right to side turning ½ to the right; step left to side turning ½ to the right
47-48 Step right to side; step left beside right

SIDE TOUCH, STEP BEHIND, TURN ¼ STEP BACK, STEP FORWARD

49-50 Touch right to side; step right behind left
51-52 Turning ¼ to the right step back left; step right forward

LOCK STEP, RIGHT TOUCH

53-54 Step left forward; lock right behind left
55-56 Step left forward; touch right beside right

FULL TURN MONTEREY TURN

57-58 Touch right to right side; turning ½ to the right on left, step right beside left

59-60 Touch left to left side; step left beside right
61-62 Touch right to right side; turning $\frac{1}{2}$ to the right on left, step right beside left
63-64 Touch left to left side; step left beside right

REPEAT

RESTART

There is a restart on 3rd wall. Dance through to the hips right, left, right, left (beat 20) which is the instrumental break and start again

TAG

At the end of wall 4, do last 4 beats of Monterey again. Then continue on to the end of track where you should finish on Monterey facing home front
