

# Back To Front

拍數: 64      牆數: 1      級數: Intermediate  
編舞者: Gary Lafferty (UK)  
音樂: Today I Started Loving You Again - Buddy Jewell & Miranda Lambert



Start the dance facing the back wall

## **SIDE, BEHIND, SIDE-ROCK & CROSS ; SIDE, BEHIND, & CROSS, STEP**

1-2            Step to left on left foot, cross-step right foot behind left  
3&4           Rock to left on left foot, recover weight onto right foot, cross-step left foot over right  
5-6&          Step to right on right foot, cross-step left foot behind right, step to right on right foot  
7-8            Cross-step left foot over right, step to right on right foot

## **ROCK BACK, RECOVER, TRIPLE ½ TURN ; ROCK BACK, RECOVER, SKATE, SKATE**

1-2            Rock back on left foot, recover weight onto right foot  
3&4            Triple forward making ½ turn right, stepping left-right-left  
5-6            Rock back on right foot, recover weight onto left foot  
7-8            Skate right foot forward, skate left foot forward

## **RIGHT SHUFFLE, ROCK FORWARD, RECOVER ; TRIPLE FULL-TURN, ROCK FORWARD, RECOVER**

1&2            Right shuffle forward  
3-4            Rock forward on left foot, recover weight back onto right foot  
5&6            Triple full-turn over left shoulder, in place, stepping left-right-left

### **Easier option - left coaster step**

7-8            Rock forward on right foot, recover weight back onto left foot

## **SWEEP BACK, SWEEP BACK, RIGHT SHUFFLE BACK ; TRIPLE ½ TURN, STEP FORWARD, ½ TURN**

1-2            Sweep right foot out to side then step back on right foot, sweep left foot out to side then step back on left  
3&4            Right shuffle back  
5&6            Shuffle back making ½ turn over left shoulder, stepping left-right-left  
7-8            Step forward on right foot, pivot ½ turn to left

If you started the dance facing the back, you should now be facing the front wall at this point. The second half of the dance is a mirror image of the first 32 counts - same steps, opposite feet

## **SIDE, BEHIND, SIDE-ROCK & CROSS ; SIDE, BEHIND, & CROSS, STEP**

1-2            Step to right on right foot, cross-step left foot behind right  
3&4            Rock to right on right foot, recover weight onto left foot, cross-step right foot over left  
5-6&          Step to left on left foot, cross-step right foot behind left, step to left on left foot  
7-8            Cross-step right foot over left, step to left on left foot

## **ROCK BACK, RECOVER, TRIPLE ½ TURN ; ROCK BACK, RECOVER, SKATE, SKATE**

1-2            Rock back on right foot, recover weight onto left foot  
3&4            Triple forward making ½ turn left, stepping right-left-right  
5-6            Rock back on left foot, recover weight onto right foot  
7-8            Skate left foot forward, skate right foot forward

## **LEFT SHUFFLE, ROCK FORWARD, RECOVER ; TRIPLE FULL-TURN, ROCK FORWARD, RECOVER**

1&2            Left shuffle forward  
3-4            Rock forward on right foot, recover weight back onto left foot  
5&6            Triple full-turn over right shoulder, in place, stepping right-left-right

### **Easier option - right coaster step**

7-8 Rock forward on left foot, recover weight back onto right foot

**SWEEP BACK, SWEEP BACK, LEFT SHUFFLE BACK ; TRIPLE ½ TURN, STEP FORWARD, ½ TURN**

1-2 Sweep left foot out to side then step back on left foot, sweep right foot out to side then step back on right

3&4 Left shuffle back

5&6 Shuffle back making ½ turn over right shoulder, stepping right-left-right

7-8 Step forward on left foot, pivot ½ turn to right

**REPEAT**

---