Back Seat Boogie



拍數: 64 牆數: 4 級數: Improver

編舞者: Noel Castle (AUS)

音樂: Back Seat Boogie - Dave Sheriff



KICK-BALL-CHANGE 1/4 PIVOT (3 TIMES), HIP BUMPS

1&2	Kick right forward, step ball of right home, recover onto left
3-4	Step ball of right forward, pivot ¼ turn left (weight left)
5&6	Kick right forward, step ball of right home, recover onto left
7-8	Step ball of right forward, pivot ¼ turn left (weight left)
9&10	Kick right forward, step ball of right home, recover onto left
11-12	Step ball of right forward, pivot ¼ turn left (weight left)
13-16	Bump hips right, left, right, left

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SHUFFLE BACK, SHUFFLE ½ TURN, SHUFFLE FORWARD, ROCK, RECOVER

17&18	Shuffle backwards right, left, right
19&20	Shuffle making ½ turn left (left, right, left)
21&22	Shuffle forward right, left, right
23-24	Rock forward left, recover back right

SHUFFLE BACK, SHUFFLE 1/2 TURN, SHUFFLE FORWARD, ROCK, RECOVER

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25&26	Shuffle backwards left, right, left
27&28	Shuffle making ½ turn right (right, left, right)
29&30	Shuffle forward left, right, left
31-32	Rock forward right, recover back left

SIDE, BEHIND, SIDE, BEHIND, SIDE, KICK, KICK, KICK

33-34	Step right side, cross/step left behind right
35-36	Step right side, cross/step left behind right
37-40	Step right side, kick left to left diagonal 3 times

SIDE, BEHIND, SIDE, BEHIND, SIDE, KICK, KICK, KICK

41-42	Step left side, cross/step right behind left
43-44	Step left side, cross/step right behind left
45-48	Step left side, kick right to right diagonal 3 times

TOE-HEEL STRUTS BACK

49-52	Step right toe back, drop right heel, step left toe back, drop left heel
53-56	Step right toe back, drop right heel, step left toe back, drop left heel

POINT, HOLD, SWITCH/POINT, HOLD, SWITCH/POINT, HOLD, KNEE POPS

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57-58	Point/touch right toe side, hold
&59-60	Step quickly home right and point/touch left toe side, hold
&61-62	Step quickly home left and point/touch right toe side, hold
63-64	Pop right knee in toward left knee 2 times

REPEAT

On diagonal kicks (38-40 and 46-48), lean away from kicking foot and "flick" hands to sides about waist high (imagine shaking water off your fingertips).