Back On Holiday



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Glen Pospieszny (USA)

音樂: Back On Holiday - Robbie Nevil



Dance starts with feet slightly spread apart

LEGS CROSSED, LEGS UNCROSSED, LEGS CROSSED, LEGS UNCROSSED, RIGHT HEEL SWIVELS

1 Small hop to left crossing right over left (right & left hand follows right & left feet optional -

head down)

- 2 Small hop in place uncrossing our legs (head snaps up)
- 3 Small hop to left crossing right over left (right & left hand follows right & left feet optional -

head down)

Counts 1 & 3 should be a collapsing effect (as if you were deflated then inflated)

4 Small hop in place uncrossing our legs (head snaps up)

5-8 Keeping weight on the left, fan right heel in and out 4 times (right hand should move in a

fanning motion along with right foot)

½ TURN RIGHT, KICK LEFT, STEP LEFT, POINT RIGHT, STEP RIGHT, KICK LEFT, STEP LEFT, POINT RIGHT, (HEAD SWAY TO LEFT ON COUNTS 4 & 6), KICK RIGHT, STEP BACK RIGHT, STEP BACK LEFT

1 Touch right toe back

2 Turn ½ right (right takes weight)

3&4 Kick left, step left, point right (head sway to left on count 4)

&5&6 Step right, kick left, step left, point right (head sway to left on count 6)

7&8 Kick right, step right back, step left back

Move forward with each kick ball point then strike some kind of pose on counts 4 & 6. Also, on counts 7 & 8 add a very subtle body wave.

STEP RIGHT ¼ RIGHT, STEP LEFT FORWARD, STEP RIGHT 1/8 CROSSING RIGHT OVER LEFT, STEP LEFT 1/8, CROSS RIGHT BEHIND LEFT, UNWIND TO THE RIGHT ½, CROSS LEFT OVER RIGHT, TOUCH RIGHT TO RIGHT SIDE

1 Step right ¼ turn to right

2 Step left forward

3 Step right 1/8 turn to right as you cross right over left (bend knees slightly)

Step 1/8 left to left side

Cross right behind left

Unwind ½ turn to right

Cross left over right

Touch right slightly to right

Walk with a lot of "bad" attitude. On the cross unwind (½) you can jump out instead of a slow turn.

ROGER RABBITS/MASHED POTATOES (GOING BACK) RIGHT, LEFT, RIGHT, LEFT, PIVOT TURN, 1/4 TURN LEFT

&1&2 Roger rabbits back right, left (or mashed potatoes going back) &3&4 Roger rabbits back right, left (or mashed potatoes going back)

5 Step right forward 6 Pivot ½ turn left

7 Hitch right behind left knee (head should be turned downward)

8 Turn ¼ left (should look as if right is pulling left on the ¼ turn, end with feet slightly apart pop

head up)

Instead of Roger Rabbits, try traveling mash potatoes going back, or camel walks back, or whatever you think looks cool; on the ¼ turn right pop out on count 8.

