

Back In Your Arms Again

COPPER KNOB
BY STEPSHEETS

拍數: 56 牆數: 2 級數: Improver
編舞者: Richard J. McDonagh
音樂: Back In Your Arms Again - Lorrie Morgan



HEEL BOUNCES RIGHT THEN LEFT WITH CLICKING

- 1-4 Swivel right heel to left instep while tapping right heel 4 times and clicking right fingers on each
& Swivel feet back to center
5-8 Swivel left heel to right instep while tapping left heel 4 times and clicking left fingers on each

SIDE ROCK WITH HIPS, FORWARD ROCK WITH HIPS, HIP ROLLS

- 1-2 Step right to right side while swinging hips right, rock weight back onto left while swinging hips left
3-4 Step right forward swinging hips forward, rock weight back onto left swinging hips back
5-8 Keeping right forward: roll hips to the right twice over (4) counts

STEP-LOCK, STEP ½ TURN, STEP SLIDE TWICE

- 1-2 Step right forward, lock-step left behind right
3-4 Step right forward, pivot ½ turn over left shoulder
5-6 Step right forward, slide left beside right
7-8 Step right forward, slide left beside right (weight on right)

SIDE, BEHIND, & CROSS, & HEEL, & CROSS, & HEEL, & STEP-SLIDE

- 1-2 Step left to left side, cross-step right behind left
&3 Step left to left side, cross-step right over left
&4 Step left to left side, extend right heel to right diagonal
&5 Step right to right side, cross-step left over right
&6 Step right to right side, extend left heel to left diagonal
& Step left beside right
7-8 Step right to right side, slide left beside right

¼ TURN, HEEL BOUNCES, RIGHT SAILOR STEP, LEFT SAILOR STEP

- 1 On ball of both feet pivot a ¼ turn left
2-4 Tap left heel 3 times
5&6 Cross-step right behind left, step left to left side, step right to right side
7&8 Cross-step left behind right, step right to right side, step left to left side

TOUCH: FORWARD, BACK, CROSS, SIDE & CROSS, SIDE, BACK, FORWARD

- 1-4 Touch right toe forward, touch right toe back, touch right toe over left, touch right toe to right side
& Step right beside left
5-8 Touch left toe over right, touch left toe to left side, touch left toe back, touch left toe forward
& Step left beside right

SIDE ROCK WITH HIPS, ¼ TURN COASTER STEP, SHOULDER PUSHES, LEFT SHUFFLE FORWARD

- 1-2 Step right to right side swinging hips right, rock weight back onto left swinging hips left
3&4 Step right back into a ¼ turn right, step left beside right, step right forward
5 Step left to left side while pushing left shoulder to upwards & to the left
6 Rock weight back onto right pushing right shoulder upwards and to the right
7&8 Step left forward, step right beside left, step left forward

REPEAT
