

Back In Your Arms

拍數: 56 牆數: 2 級數: Intermediate/Advanced
編舞者: Cathy Ryan (IRE)
音樂: Back In Your Arms Again - Lorrie Morgan



4 SAILOR SHUFFLES TRAVELING BACKWARDS

1&2 Step right behind left, step left to side, step right to right side
3&4 Step left behind right, step right to side, step left to left side
5-8 Repeat counts 1-4 again

SHUFFLE FORWARD / STEP ½ TURN / SHUFFLE FORWARD / STEP / HOLD

1&2 Shuffle forward on right-left-right
3-4 Step forward on left foot, pivot ½ turn right
5&6 Shuffle forward on left-right-left
7-8 Step forward on right foot, hold position for 1 count

SWIVEL ½ TURN / HOLD / TWO ½ TURNS / ¼ PADDLE TURN (OR CHUG)

1-2 Swivel on balls of both feet ½ turn left, hold position for 1 count
3-4 Step forward on right foot, pivot ½ turn left
5-6 Step forward on right foot, pivot ½ turn left
&7 Small step on right foot, pivot 1/8 to left
&8 Small step on right foot, pivot 1/8 to left

Option: on counts &7&8 chug on right-left-right-left making ¼ turn left

STEP TOUCH WITH ½ TURNS / ½ TURN-STEP

1-2 Step right to right side making ½ turn right on ball of right foot, touch left foot to left side (click fingers)
3-4 Step left to left side making ½ turn left on ball of left foot, touch right foot to right side (click fingers)
5-6 Repeat counts 1-2 again
7-8 Step forward on left foot pivoting ½ turn left, step right next to left

CHASSE (GALLOP) WITH ¼ TURN LEFT TO BACK WALL / HEEL JACKS

1&2 Step left to left side, step right next to left, step left next to right
&3&4 Step right next to left, step left to left side, step right next to left, step left to left side making ¼ turn left (now facing back wall)
&5 Step right in place, cross step left over in front of right
&6 Step right slightly to side, touch left heel diagonally forward
&7 Step left in place, cross step right over in front of left
&8 Step left slightly to side, touch right heel diagonally forward

VINE TWICE / DOUBLE TIME WEAWE / HEEL SWITCHES / HOLD-CLAP-CLAP

1-2 Step right to right side, cross left behind
&3&4 Step right to right side, cross left in front, step right to right side, cross left behind
&5&6 Step right in place, touch left heel forward, step left in place, touch right heel forward
&7&8 Step right in place, touch left heel forward, hold position clapping hands twice

VINE TWICE / DOUBLE TIME WEAWE / HEEL SWITCHES / HOLD-CLAP-CLAP

1-2 Step left to left side, cross right behind
&3&4 Step left to left side, cross right in front, step left to left side, cross right behind
&5&6 Step left in place, touch right heel forward, step right in place, touch left heel forward
&7&8 Step left in place, touch right heel forward, hold position clapping hands twice

REPEAT
