

# Back In Your Arms

拍數: 56      牆數: 2      級數: Intermediate/Advanced  
編舞者: Cathy Ryan (IRE)  
音樂: Back In Your Arms Again - Lorrie Morgan



## 4 SAILOR SHUFFLES TRAVELING BACKWARDS

1&2      Step right behind left, step left to side, step right to right side  
3&4      Step left behind right, step right to side, step left to left side  
5-8      Repeat counts 1-4 again

## SHUFFLE FORWARD / STEP ½ TURN / SHUFFLE FORWARD / STEP / HOLD

1&2      Shuffle forward on right-left-right  
3-4      Step forward on left foot, pivot ½ turn right  
5&6      Shuffle forward on left-right-left  
7-8      Step forward on right foot, hold position for 1 count

## SWIVEL ½ TURN / HOLD / TWO ½ TURNS / ¼ PADDLE TURN (OR CHUG)

1-2      Swivel on balls of both feet ½ turn left, hold position for 1 count  
3-4      Step forward on right foot, pivot ½ turn left  
5-6      Step forward on right foot, pivot ½ turn left  
&7      Small step on right foot, pivot 1/8 to left  
&8      Small step on right foot, pivot 1/8 to left

**Option: on counts &7&8 chug on right-left-right-left making ¼ turn left**

## STEP TOUCH WITH ½ TURNS / ½ TURN-STEP

1-2      Step right to right side making ½ turn right on ball of right foot, touch left foot to left side (click fingers)  
3-4      Step left to left side making ½ turn left on ball of left foot, touch right foot to right side (click fingers)  
5-6      Repeat counts 1-2 again  
7-8      Step forward on left foot pivoting ½ turn left, step right next to left

## CHASSE (GALLOP) WITH ¼ TURN LEFT TO BACK WALL / HEEL JACKS

1&2      Step left to left side, step right next to left, step left next to right  
&3&4      Step right next to left, step left to left side, step right next to left, step left to left side making ¼ turn left (now facing back wall)  
&5      Step right in place, cross step left over in front of right  
&6      Step right slightly to side, touch left heel diagonally forward  
&7      Step left in place, cross step right over in front of left  
&8      Step left slightly to side, touch right heel diagonally forward

## VINE TWICE / DOUBLE TIME WEAVE / HEEL SWITCHES / HOLD-CLAP-CLAP

1-2      Step right to right side, cross left behind  
&3&4      Step right to right side, cross left in front, step right to right side, cross left behind  
&5&6      Step right in place, touch left heel forward, step left in place, touch right heel forward  
&7&8      Step right in place, touch left heel forward, hold position clapping hands twice

## VINE TWICE / DOUBLE TIME WEAVE / HEEL SWITCHES / HOLD-CLAP-CLAP

1-2      Step left to left side, cross right behind  
&3&4      Step left to left side, cross right in front, step left to left side, cross right behind  
&5&6      Step left in place, touch right heel forward, step right in place, touch left heel forward  
&7&8      Step left in place, touch right heel forward, hold position clapping hands twice

REPEAT

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