

Back In The Back Seat

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Maggie Gallagher (UK)
音樂: Back In the Backseat - Ronan Keating



WALKS FORWARD, KICK & TOUCH, LEFT HITCH-BALL-STEP, STEP, ½ PIVOT

1-2 Walk forward right, walk forward left
3&4 Kick right foot forward, step right next to left, touch left forward (knee bent)
5&6 Hitch left knee forward, step back slightly onto ball of left, step forward on right
7-8 Step forward on left, make ½ pivot turn right

WALK, ½ LEFT STEPPING BACK, ½ SHUFFLE TURN LEFT, RIGHT KICK-BALL-TOUCH, LEFT HITCH-BALL-STEP

1-2 Walk forward on left, ½ pivot turn left stepping back on right
3&4 ¼ turn left stepping left to left side, close right beside left, ¼ turn left stepping forward on left
5&6 Kick right forward, step right next to left, touch left in front of right (knee bent)
7&8 Hitch left knee forward, step back onto ball of left, step forward on right

LEFT PRESS, RECOVER WITH HITCH, HIP BUMPS, RIGHT CROSS, RECOVER WITH HITCH, RIGHT SIDE CHASSE

1-2 Press forward onto left foot, recover onto right hitching left knee
3&4 Step left to left side bumping hips left, right, left
5-6 Cross rock right over left, recover back onto left hitching right knee
7&8 Step right to right side, close left beside right, step right to right side

LEFT CROSS, FULL UNWIND RIGHT, LEFT SIDE CHASSE, POINT BACK, ½ UNWIND RIGHT, WALKS LEFT, RIGHT

1-2 Cross left over right, unwind a full turn to the right (weight on right)
3&4 Step left to left side, close right beside left, step left to left side
5-6 Point right toe back, unwind ½ turn right (weight forward)
7-8 Walk forward left, walk forward right

LEFT TOUCH, PLACE, RIGHT HEEL TAP, TOGETHER, STEP FORWARD ONTO LEFT, ¼ RIGHT, LEFT TOUCH, LEFT PLACE, RIGHT HEEL TAP, TOGETHER, LEFT FORWARD, ½ PIVOT RIGHT

1&2 Touch left toe next to right, step left in place, tap right heel forward
&3-4 Step right next to left, step forward onto left, make ¼ turn right placing weight onto right
5&6 Touch left next to right, step left in place, tap right heel forward
&7-8 Step right next to left, step forward onto left, make ½ pivot turn right

SIDE, CROSS, LEFT ROCK & CROSS, SIDE, CROSS, RIGHT ROCK & CROSS

All moving forward slightly by moving on a slight diagonal

1-2 Step left to left side, cross right over left
3&4 Rock left to left side, recover onto right, cross left over right
5-6 Step right to right side, cross left over right
7&8 Rock out to right side, recover onto left, cross right over left

FORWARD LEFT, ½ PIVOT RIGHT, HIP BUMPS, STEP, ½ PIVOT LEFT, HIP BUMPS

1-2 Step forward left, make ½ pivot turn right
3&4 Step forward on left bumping hips forward, bump hips back right, bump hips forward left
5-6 Step forward on right, ½ pivot turn left
7&8 Step forward onto right bumping hips forward, bump hips back left, bump hips forward right

PRESS, RECOVER, LEFT COASTER WITH ¼ TURN LEFT, FORWARD ROCK, RECOVER WITH LOW KICK, WALKS BACK

- 1-2 Press forward onto left, recover back onto right
- 3&4 Step back on left, step right beside left, ¼ turn left stepping forward on left
- 5-6 Rock forward on right, recover onto left with a low kick forward with the right
- 7-8 Walk back right, walk back left (preparing to start again)

REPEAT
