

Back In Business

COPPER KNOB
STEPSHEETS

拍數: 60 牆數: 4 級數: Improver
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音樂: Let's Groove - Earth, Wind & Fire



RIGHT VINE, LEFT VINE, FULL TURN LEFT, RIGHT, (LEFT-BACKWARDS) & TOUCH

- 1-4 Step right foot to right side, step left foot behind right, step right foot to right side and touch left next to right
- 5-8 Step left foot to left side, step right foot behind left foot, step left foot to left side and touch right next to left
- 9-12 Walking backwards turn a full turn right, left, right, & stomp your, left foot next to your right
- Right & left vines can be done as a full turn to the right then left**

RIGHT KICK BALL CHANGE, CROSS RIGHT, LEFT, RIGHT & UNWIND

- 13 Kick right foot forward
- & Step onto ball of right foot, next to left foot
- 14 Shift weight onto left foot
- 15-16 Cross right foot over left, touch left toe to left side
- 17-18 Cross left foot over right, touch right toe to right side
- 19-20 Cross right foot over left and unwind

TWO KICK BALL CHANGES

- 21 Kick right foot forward
- & Step onto ball of right foot, next to left
- 22 Shift weight on left foot
- 23 Kick right foot forward
- & Step onto ball of right foot, next to left
- 24 Shift weight on left foot

TOE, HEELS

- 25-32 Turn toes to left while bending knees & coming up with left foot forward and right heel at ball of foot toe up at a 45 degree angle
- You will be doing this for 8 counts while moving right**

TOE BOUNCES

- 33-34 Step right toe to right side and bounce on right toe
- 35-36 Step left toe to left side and bounce on left toe
- 37-40 Keeping feet apart alternate toe then heels, right, left, right, left
- Moving your body down and up as you do steps 37-40**
- 41-44 Bounce on right toe twice, bounce on left toe twice

TWO COUNTRY STROLLS

- 45-46 Step forward with right bring left foot behind right
- 47-48 Step forward with right foot and scuff left foot
- 49-50 Step forward with left foot bring right behind left foot
- 51-52 Step forward with left foot and scuff right foot

STEP BACK RIGHT TOUCH, STEP BACK LEFT TOUCH, STEP BACK RIGHT TOUCH, ¼ TURN LEFT & SCUFF

- 53-54 Step back 45 degree to right on right foot, touch left next to right
- 55-56 Step 45 degree to left on left foot, touch right next to left
- 57-58 Step back 45 degree to right on right foot, touch left next to right

59-60

Step forward on left foot making $\frac{1}{4}$ turn left, scuff right foot next to left

REPEAT
