

Back For Good

COPPER KNOB
BY STEPHEN HETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Ann Wood (UK)
音樂: Back for Good - Take That



CROSS UNWIND ½ TURN LEFT CHASSE, BEHIND & SIDE, BEHIND & ¼ TURN LEFT

1-2 Cross right over left, unwind ½ turn left
3&4 Step left to left side, close step right beside left, step left to left side
5&6 Rock right behind left, recover onto left make large step to right
7&8 Rock left behind right, recover onto right making ¼ turn left, step forward on left

STEP ½ PIVOT TURN LEFT, ¼ TURN LEFT POINT, BEHIND SIDE CROSS, SIDE ROCK CROSS, VINE RIGHT ¼ TURN RIGHT, STEP

1&2 Step forward on right pivot ½ turn left, with weight on left make ¼ turn left point right to right side
3&4 Step right behind left, step left to left side, cross step right over left
5&6 Rock left to left recover on to right cross step left over right
&7&8 Step right to right side, step left behind right, step right ¼ turn right, step forward on left

STEP ¼ PIVOT CROSS, TOUCH BALL CROSS SIDE ROCK, CROSS, TURN, TURN

1&2 Step forward on right, pivot ¼ turn left, cross step right over left
3&4 Touch left foot to right, step down on left, cross right over left
5-6 Rock left to left side recover on to right
7&8 Cross left over right, step back on right making ¼ turn left, make ¼ turn left stepping left forward

ROCK FORWARD AND BACK TOUCH BACK ½ TURN, ROCK ¼ TURN RIGHT, STEP ½ PIVOT TURN STEP

1&2 Rock forward on right, recover on to left, rock back on right
3-4 Touch left back, make ½ turn left taking weight on left
5&6 Rock forward on right recover on to left, make ¼ turn right stepping right forward
7&8 Step forward on left pivot ½ turn right step forward on left

REPEAT
