

Bella Italia

拍數: 32 牆數: 4 級數: Improver
編舞者: Audrey Watson (SCO)
音樂: Bella Italia - Engelbert Humperdinck



A Big thank you to Glennys Croston for sending me this music

SWAY HITCH, CHASSE ¼ TURN RIGHT, FORWARD SHUFFLE, FORWARD ROCK

1-2 Stepping right to right/side sway out, recover weight on left hitching right leg
3&4 Step right to right/side, close left next right, turn ¼ right stepping forward on right
5&6 Shuffle forward on left, right, left
7-8 Rock forward on right, recover weight back on left

WALK BACK, BACK, SHUFFLE BACK, COASTER STEP, PIVOT ¼ TURN

1-2 Walk back on right, walk back on left
3&4 Shuffle back on right, left, right
5&6 Step back on left, step right next left, step forward on left
7-8 Step forward on right, pivot ¼ turn left

CROSS ROCK, CHASSE, CROSS SHUFFLE, SIDE ROCK

1-2 Cross rock right over left, recover back on left
3&4 Step right to right/side, step left, next right, step right to right/side
5&6 Cross left over right, step right to right/side, cross left over right
7-8 Rock right out to right/side, recover weight on left

CROSS, SIDE, BEHIND, ¼ TURN, ROCKING CHAIR

1-2 Cross right over left, step left to left side
3-4 Cross right behind left, turn ¼ left stepping forward on left

Restart the dance here on wall 10 (facing 3:00)

5-6 Rock forward on right, rock back on left
7-8 Rock back on right, rock forward on left

REPEAT

TAG

To be added to the end of walls 2 (6:00) and 7 (3:00)

ROCKING CHAIR

1-2 Rock forward on right, rock back on left
3-4 Rock back on right, rock forward on left