

Bella Bella

拍數: 48 牆數: 1 級數: Improver
編舞者: John Clements (UK)
音樂: Bella Bella Signorina - Patrizio Buanne



WALK RIGHT, LEFT, TOUCH FORWARD, BACK, STEP RIGHT FORWARD, STEP ½ RIGHT, TRIPLE ½ RIGHT

1-2 Walk forward right, left
3&4 Touch right heel forward, touch right toe back, step right forward
5-6-7&8 Step forward left, pivot, half turn right, triple half turn right stepping left, right, left

POINT RIGHT BACK, UNWIND ½ RIGHT, CROSS LEFT, RECOVER, ¼ LEFT, CROSS SHUFFLE, COASTER CROSS, SIDE

1-2 Point right toe back, unwind ½ turn over right shoulder
3&4 Cross left over right, recover weight onto right foot, step ¼ turn left onto left foot
5&6&7&8 Cross right over left, step left to left, cross right over left, step left to left side, step slightly back onto right foot, cross left over right, step right to right side

WALK BACK TWICE, TRIPLE ¼ LEFT, STEP ½ LEFT, RIGHT CROSS SHUFFLE

1-2 Walk back left, right
3&4 Step left to left side, close right beside left, step left ¼ turn to left
5-6 Step forward right, pivot ½ turn over left shoulder
7&8 Cross right over left, slide left beside tight, cross right over left

LEFT SIDE HOLD, TOGETHER TWICE, PIVOT ½ RIGHT, STOMP TWICE

1-2& Step left to left side, hold, slide right beside left
3-4& Step left to left side, hold, slide right beside left
5-8 Step forward left, pivot ½ turn over right shoulder, stomp left, stomp right

LEFT SIDE TOGETHER X3, LEFT SIDE TOUCH, SWAY X4

1&2&3&4 Step left to left side, slide right beside left and change weight, repeat twice more, step left to left side
5-8 Sway right, left, right, left

PADDLE TURN LEFT, JAZZ BOX AND CROSS

1&2&3&4& Step right forward taking weight onto ball of foot, make ¼ turn onto left foot, repeat 3 more times
5-8 Cross right over left, step back onto left foot, step right to right side, cross left over right

REPEAT

At end of walls 6 and 7 replace last step with a touch and restart from step 33 (side together x3)

On wall 3 replace 15&16 with

15&16& Cross right behind left, & step left forward making ¼ turn left, step right beside left, touch left beside right

Then restart from beginning

On wall 6 replace 15&16 with

15&16& Cross right behind left, step left forward making ¼ turn left, step right beside left, step left beside right

Then continue from step 33 (side together x3)

These changes occur during the only two patterns of the dance which do not start with vocals