

# Believe It Or Not

拍數: 64      牆數: 2      級數: Intermediate/Advanced  
編舞者: Robert Lindsay (UK)  
音樂: Believe Me Baby (I Lied) - Trisha Yearwood



## FORWARD SHUFFLE, TURN SHUFFLE, ROCK BACK TWICE, STEP TURN RIGHT LEFT

1&2      Step forward right, close left beside right, step forward right  
3&4      Step forward left turning ½ turn right, close right beside left, step back left  
5-6      Rock back right, rock forward left  
7&8      Step forward right, close left beside right, step forward right  
9&10      Step forward left turning ½ turn right, close right beside left, step back left  
11-12      Rock back right, rock forward left  
13-14      Step right forward, pivot ¼ turn left  
15-16      Step right in place, step left in place

## ROCK, FULL TURN, ROCK ½ TURN, HEEL BALL & CROSS, STOMP TWICE

17-18      Rock right across in front of left, rock back onto left  
19&20      Turn a full turn over the right shoulder-right, left, right  
21-22      Rock left across in front of right, rock back onto right  
23&24      Turn ½ turn over left shoulder-left, right, left  
25&26      Touch right heel out diagonally right, step down on ball of right foot, cross left over right  
27-28      Stomp right, stomp left  
29-32      Repeat steps 25-28

## CROSS OVER SHUFFLE, ½ TURN SHUFFLE, CHASSE RIGHT, BACK ROCK

33&34      Cross right over left, close left beside right, step forward right  
35&36      Shuffle ½ turn-left, right, left-over the right shoulder  
37&38      Step right to right side, close left beside right, step right to right side  
39-40      Rock back on left, rock forward onto right

## CHASSE LEFT, FULL TURN SHUFFLE, CHASSE LEFT, ROCK IN FRONT

41&42      Step left to left side, close right beside left, step left to left side  
43&44      Full turn shuffle-right, left, right-over the right shoulder  
45&46      Step left to left side, close right beside left, step left to left side  
47-48      Rock forward onto right across in front of left, rock back onto left

## ROLLING VINE RIGHT, LEFT HEEL OUT, VAUDEVILLE HOPS TWICE

49-52      Step ¼ turn right on right foot, pivot ¼ turn right on right, step left to left side, pivot ½ turn right on left foot, step right to right side, touch left heel out diagonally in front  
&53      Step left in place, step right in place  
&54      Step left in place, touch right heel out diagonally right  
&55      Step right in place, step left in place  
&56      Step right in place, touch left heel out diagonally left

## ROLLING VINE LEFT, EXTRA ¼ TURN, RIGHT HEEL OUT, VAUDEVILLE HOPS TWICE

57-60      Step ¼ turn left on left foot, pivot ¼ turn left on left, step right to right side, pivot ¾ turn left on right foot, step left to left side, touch right heel out diagonally in front  
&61      Step right in place, step left in place  
&62      Step right in place, touch left heel out diagonally left  
&63      Step left in place, step right in place  
&64      Step left in place, touch right heel out diagonally right

REPEAT

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