

# Believe

拍數: 64      牆數: 4      級數: Advanced  
編舞者: Kelly Hinds (AUS)  
音樂: Believe - Cher



## HEEL JACK RIGHT & CROSS, HEEL JACK LEFT & CROSS TWICE

- &1&2      Heel jack back 45 degrees right on right, place left heel forward 45 degrees left, jump forward onto left, step right across left
- &3&4      Heel jack back 45 degrees left on left, place right heel forward 45 degrees right, jump forward onto right, step left across right
- &5&6      Heel jack back 45 degrees right on right, place left heel forward 45 degrees left, jump forward onto left, step right across left
- &7&8      Heel jack back 45 degrees left on left, place right heel forward 45 degrees right, jump forward onto right, touch left next to right

## HEEL JACK BACK LEFT-RIGHT-LEFT-RIGHT, BUMP LEFT, BUMP RIGHT

- 9-10      Moving backwards jump back onto left placing right heel forward, jump back on right placing left heel forward
- 11-12      Repeat last 2 counts
- 13-16      Move weight forward onto left bump hips twice left, move weight back onto right bump hips twice right

## SWING HIPS LEFT-RIGHT-LEFT-RIGHT, CHANEY, ROCK

- 17-20      Swing hips forward onto left, back onto right, forward onto left, back onto right
- 21&22      Shuffle left across right moving forward 45 degrees right
- 23-24      Rock to right on right, replace weight onto left

## CHANEY, ROCK, CHANEY, STOMP, CLAP

- 25&26      Shuffle right across left moving 45 degrees left
- 27-28      Rock to left on left, replace weight onto right
- 29&30      Shuffle left across right moving forward 45 degrees right
- 31-32      Stomp right apart, clap

## EXTENDED HEEL SPLITS IN OUT IN, SHOULDER PUSH

- 33-36      Toes together, heels together, heels apart, toes apart
- 37-40      Toes together, heels together, hands forward in step position as right shoulder is pushed forward twice

## EXTENDED HEEL SPLITS OUT IN OUT, SHOULDER PUSH

- 41-44      Heels out, toes out, toes in, heels in
- 45-48      Heels out, toes out, hands in stop position push right shoulder forward twice

## BUMP, BUMP, STOMP, SPIN, STOMP, BUMP, BUMP

- 49-52      Bump hips right, bump hips left brushing right foot up behind left knee, stomp right forward, hold
- 53-56      Spin full turn left on ball of left foot using right to push off, stomp right to right, bump hips to right twice

## SAILOR, TURN-POINT, STEP-POINT, CROSS, UNWIND

- 57&58      Step left behind right, step right to right, step left to center (reverse this position in the next 2 beats)
- &59-60      Jump ½ turn right replacing the left foot position with the right, touch the left toe to the side, hold

&61-62      Step left to center, touch right to side, hold  
63-64      Step right across left, unwind  $\frac{3}{4}$  left

**REPEAT**

**Optional steps for counts 33-48**

**APPLEJACKS**

33&34&      "Applejacks" left, center, right, center  
35&36&      Repeat 33&34&  
36&38&      Repeat 33&34&  
39-40      Two shoulder pushes  
41-48      Repeat those last 8 counts

---